

# Renal Health: Point of Care Testing in Rural and Indigenous Communities

Health Care Excellence Canada:  
Strengthening Primary Care in Northern,  
Rural and Remote Communities Grant



## Why this demonstration project?

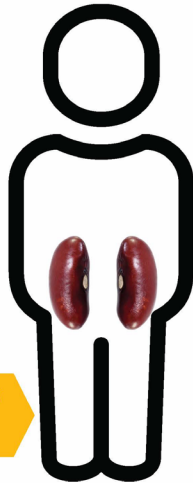


- Community Connections
- Partnerships


HAVE YOU  
**'BEAN'**  
CHECKED?


8 OUT OF 10  
PEOPLE





HAVE NO SYMPTOMS  
OF KIDNEY DISEASE




**Self-Screen Today**  
To learn if you are at risk  
for Kidney Disease



 [Kidney.ca](https://www.kidney.ca)



PRAIRIE MOUNTAIN HEALTH



## Screening Process:

- Consent form
- Demographics
- Physical measurements
- Finger prick or blood draw
- Urine sample
- CanSolve App
- Personal information about kidney health
- Educational materials provided
- Schedule follow-up or referrals, if required
- Client experience questionnaire



## Community Summary

### 4 First Nation communities

- Ebb & Flow
- O-Chi-Chak-ko-Sipi
- Keeseekoowenin
- Skownan

### 1 Metis community

- Waterhen


June – September 2024

Total = 142 tests completed

## Demographics

- First Nation: 111
- Metis: 12
- Non-Indigenous: 18
- Unidentified: 1

## Results

- No Risk: 81
  - Low Risk: 53
  - Intermediate Risk: 4
  - Indeterminate: 4
- 

- Equipment
- Time



“People need to see they have hope to turn things around and the ability within themselves to turn things around – and she exemplified that in a powerful way”





- Community Commitment
- Continued Partnerships
  - Internal to PMH
  - External with community
- Sustainable funding

