

## MRI KNEE APPROPRIATENESS CHECKLIST

*This checklist is required for all outpatient MRI knee referrals.  
Please include with MRI requisition.*

*Patient label placed here, or minimum information below required*

Patient Name:  
Date:  
Date of Birth (YYYYMMDD):  
Gender:  
MRN:

### CHECK ANY/ ALL THAT APPLY:

A. <input type="checkbox"/> Recent Knee X-Rays Recommended For All Patients (weight bearing views)	B. Prior Knee Imaging (supports correlation with MRI images)
<p><b>Required for:</b> Patients <math>\geq</math> 55 years old Suspected osteoarthritis History of Trauma Pediatric patients with trauma</p>	<p>What: _____</p> <p>When: _____</p> <p>Where: _____</p>

### C. MRI is *NOT* recommended if there is

Moderate to severe osteoarthritis without locking or extension block

**MRI is unlikely to alter patient management, and is not needed for orthopedic referral**

### D. MRI *IS* recommended for:

- Locked knee/Mechanical symptoms (unable to fully extend knee with relaxed muscles)
- Suspected ligamentous injury  
Specify which ligaments: \_\_\_\_\_
- Persistent swelling/effusion despite conservative therapy for 4-6 weeks
- Suspected soft tissue or bone tumor

### E. Consider MRI if *ALL* the following are present

- Absent or mild osteoarthritis
- Persistent unexplained pain for >3 months
- Failed conservative therapy (physiotherapy and anti-inflammatories)
- Patient is surgical/arthroscopy candidate

**MRI is indicated if any of box D is checked, or all criteria of box E**

### F. Additional Clinical Information (please provide any additional information relevant to this request)

*Please include arthroscopic and surgical reports*

\_\_\_\_\_  
Referring Physician Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date