|  |  |  |  |
| --- | --- | --- | --- |
| Unit  | **Timeline for Each Day** | Section Topics  | Length of Section |
| Introduction  | **8:35-8:50am** | * Give a few extra minutes for everyone to log on. Start at 8:35, sharp.
* Housekeeping
* Getting the most out of the session
* Introductions
 |  15 mins  |
| 1-  Welcoming and Addressing Barriers to Care | **8:50-am-9:20am** | * Awareness of barriers to care
* Addressing barriers to care
* Barriers for specific groups
 | 30 minutes |
| 2. Clinical Knowledge  | **9:30-9:50am** | * Explore Models of Etiology
* Discuss Co-occurring Disorders, Social Determinants of Health and ACEs
* Examine the Neurobiology of Mental Health Spectrum Needs
* Types of Interactions in Co-occurring disorders
* 5 minutes for questions
 | 20 minutes  |
|  | **9:50-10:00am** | * Break
 | 10 minutes |
| 2.b Neuroscience of co-occurring disorders | **10:00am-10:50am** | * The brain and co-occurring disorders
* Interaction effects
* 5 minutes for questions
 | 50 minutes |
| 3 – Motivation and Change | **10:50am-11:20am** | * Transtheoretical Model of Change and Stage-Matched Interventions
* Motivational Interviewing discussion
* Motivational Interviewing with Co-occurring disorders
* Case Study Activity
 |  30 minutes |
|  | **11:20-11:30am** | * Break
 | 10 minutes |
| 4. Recovery Interventions | **11:30am-12:25pm** | * Intervention and Treatment of Various Mental Health Spectrum Needs
* Psychiatric Medications
 |  55 minutes |
|   | **12:25-12:30pm** | Questions and end of day 1  | 5 minutes |