

# Primary Care Day Conference

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| <b>Name of Project/Initiative</b>   |  |
| <b>Goal</b>                         | <p>The Mobile Healthcare and Wellness Clinic offers an Indigenous led and multi-disciplinary healthcare model aiming to serve individuals experiencing inequitable access to healthcare provision. Many individuals who experience homelessness or live in extreme poverty face multiple systemic barriers that hinder their ability to address their healthcare needs. As a result, many people suffer with a declining of their overall health putting them even more at a disadvantage to living a quality of life they deserve. As an Indigenous led organization the development of programming that occurs is directly rooted in the cultural and spiritual ways of Indigenous Peoples. The Mobile Healthcare and Wellness Clinic offers an alternate model of care focusing on the decolonization of the current healthcare system that is failing many members of the community.</p> <p>The Mobile Healthcare and Wellness team travels to encampments, shelters, and bridges where the need is greatest, offering immediate and ongoing primary care prevention, treatment, and counselling. A key function includes assisting individuals to navigate the broader community system of care to access services.</p> |
| <b>Challenges</b>                   | <p>There are numerous challenges plaguing the community including mental health issues and addictions. It is imperative that these individuals are offered services that meet them where they are at in order to be most effective in the intervention and recovery process. Harm reduction approaches are fundamental in the delivery of services and honours the individual's prerogative to make their own decisions and offering the safest methods in doing so. Harm reduction supplies are readily available and given out to all individuals who are in need.</p>   |
| <b>Contact for more information</b> | <p>Aboriginal Health &amp; Wellness Centre of Winnipeg Inc.</p> <p>181 Higgins Ave, Wpg, Mb, R3B 3G1<br/>Phone: (204)930-7552</p>  |