

# SPIRIT WEEK

APRIL 7 - 11, 2025



**BEACH DAY**  
APRIL 7



**SUPERHERO DAY**  
APRIL 8



**SPORTS DAY**  
APRIL 9



**MANITOBA DAY**  
APRIL 10



**ROCK N'ROLL DAY**  
APRIL 11

Join your teammates and health-care colleagues from across the province as we celebrate your dedication, compassion, and strength during this year's Spring Spirit Week. Enjoy a week of team-building activities including themed dress up days\*, department decorating, and contests. Send us photos of your team spirit and try our quiz for your chance to win a gift card!

*\*Attire, décor and activities must all comply with IP&C, PPE, uniform (where applicable), and fire code regulations.*



**Scan the QR code to join the fun:**

[healthproviders.sharedhealthmb.ca/spirit-week-2025/](https://healthproviders.sharedhealthmb.ca/spirit-week-2025/)  
and remember to tag us on social media @sharedhealthmb