



New Vitamin D (25(OH)D) Ordering Criteria and Requisition

Date Effective: February 1, 2016

Date Issued: January 21, 2016

Clinical Practice Change for Ordering Practitioners:

- 25-hydroxy vitamin D (25(OH)D) testing will only be performed for patients meeting the new medically indicated criteria, as outlined on the new requisition form. *Please see new requisition attached as Appendix A, which identifies medically indicated criteria.*
- The new requisition form, available in your Electronic Medical Record (QHR, Jonoke and Med-Access) and on the Diagnostic Services Manitoba (DSM) Laboratory Information Manual (https://apps.sbgh.mb.ca/labmanual/document/listRequisitions?labId=1), must be used for 25(OH)D; if the requisition is not available in your EMR, please contact your vendor for assistance; DSM is making every effort to remove or amend all requisitions with a 25(OH)D ordering cue; while some requisitions may still be available, they will not be honoured after May 2, 2016.
- The new 25(OH)D requisition requires the signature of the ordering practitioner and will not be processed when the signature is missing.

Rationale for Change:

• Clinical evidence shows that screening for vitamin D deficiency in healthy individuals is generally not necessary as it does not provide patient benefit.

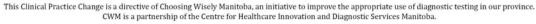
References/Resources

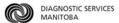
- Hanley, D. A., Cranney, A., Jones, G., Whiting, S. J., Leslie, W. D. 2010. Vitamin D in adult health and disease: a review and guideline statement from Osteoporosis Canada (summary), CMAJ, 182 (12), 1315-1319.
- Hanley, D. A., Cranney, A., Jones, G., Whiting, S. J., Leslie, W. D., Cole, D. E. C., Atkinson, S. A., Josse, R. G., Feldman, S., Kline, G. A., Rosen, C. 2010. Vitamin D in adult health and disease: a review and guideline statement from Osteoporosis Canada, CMAJ, 182 (12), E610-E618.
- Souberbielle, J-C., Courbebaisse, M., Cormier, C., Pierrot-Deseilligny, C., Viard, J-P., Jean, G., Cavalier, E. 2012. When should we measure Vitamin D concentration in clinical practice? Scandinavian Journal Clinical & Laboratory Investigation. 75 (243), 129-135.
- Institute of Medicine 2010 Report www.nap.edu/read/13050/chapter/1
- Health Canada <u>www.hc-sc.gc.ca/fn-an/nutrition/vitamin/vita-d-eng.php</u>

Patient Impact:

- To facilitate a smooth rollout of the new requisition and lessen impact to both your practice and patient care, there will be a transition period during which the laboratory will accommodate requests for 25(OH)D, that are not received on the new requisition, while continuing to prioritize medically indicated tests:
 - **Phase I February 1-May 1:** All 25(OH)D tests will be processed on the new and old requisitions, as per current practice; ordering practitioners will be alerted to the error if an old requisition was used.

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- **Phase II May 2-July 3:** Incorrect or incomplete requisitions will result in the sample being collected but held for processing until the correct/completed requisition is received by the DSM laboratory; the sample will be held for one month and then discarded; patients who do not meet the new medical indications will not be eligible for 25(OH)D testing; ordering practitioners will be alerted to the error.
- **Phase III Full Implementation Effective July 4:** Patient samples will not be drawn when presenting with the incorrect or incomplete requisition; ordering practitioners will be alerted to the error.
- Effective July 4, 2016 DSM labs will not collect blood from patients producing the incorrect or incomplete requisition; follow up to the physician will be done by either the patient or the lab.
- Effective July 4, 2016 samples collected in non-DSM facilities and arriving to the DSM lab with the wrong or incomplete requisition will not be processed; the DSM lab will follow up with the physician and physicians will be responsible for follow up with their patients.
- Medically indicated 25(OH)D tests will continue to be prioritized.

System Improvements:

 A reduction in unnecessary 25(OH)D testing will improve service delivery for medically indicated/priority tests.

Background Information

• This Clinical Practice Change is an initiative of Choosing Wisely Manitoba. This initiative aims to reduce unnecessary Vitamin D testing by as much as 50%.

Clinical Practice Change issued by: Choosing Wisely Manitoba – Dr. Michael Moffatt, Senior Advisor with the Centre for Healthcare Innovation; Dr. Laurel Thorlacius, Medical Director, Clinical Biochemistry and Genetics, Diagnostic Services Manitoba; Dr. Celia Rodd, Pediatric Endocrinologist; Albert Mota, Project Manager, Centre for Healthcare Innovation

Distribution: This Clinical Practice Change is directed to all ordering professionals in Manitoba

Contact Information:

Questions? Please contact the DSM phone center 204-787-1534, and they will address your concerns or redirect them as required.

More information:

- All 25(OH)D testing for the province is performed at the Diagnostic Services Manitoba Laboratory at the Health Sciences Centre
- Manitoba's new 25(OH)D ordering guidelines are aligned with those of other provinces who
 have implemented evidence based criteria to increase the appropriate use of this test; Ontario
 restricted testing in 2010 and in Alberta, as part of the Choosing Wisely initiative, testing was
 restricted in 2015.
- Patient information tear-off sheets are available by request, please see Appendix B

Choosing Wisely Manitoba and its initiatives to improve patient care are supported by the Manitoba College of Family Physicians, the College of Physicians and Surgeons of Manitoba and Doctors Manitoba.





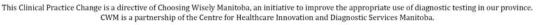
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Appendix A

DIAGNOSTIC SERVICES SERVICES DIAGNOSTICS MANITOBA Vitamin D (25-Hydroxy) Requisition				MS5 Thorlakson Building 820 Sherbrook Street Winnipeg, MB R3A 1R9 Phone: (204) 787-1534 Fax: (204) 787-347	
per DSM S			r Test Requisitions 2.1 - All information m e to comply may result in specimen rejec		d must l
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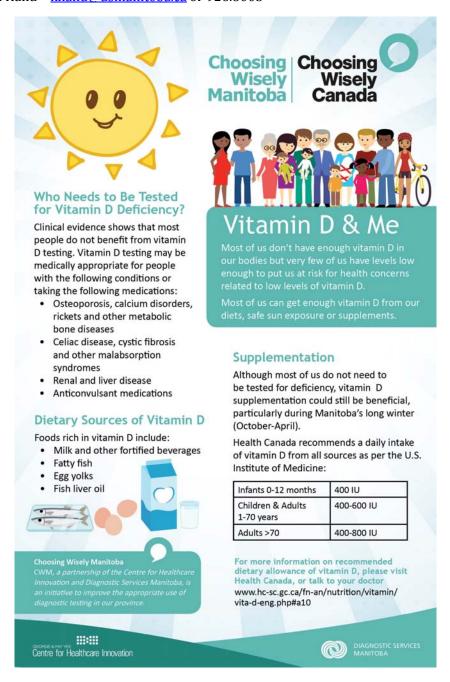


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Appendix B

Patient information tear-off sheets are available by request – 5.5" x 8.5" pads of 100. Please contact Krista Hand – $\frac{khand@dsmanitoba.ca}{khand}$ or 926.8005



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This Clinical Practice Change is a directive of Choosing Wisely Manitoba, an initiative to improve the appropriate use of diagnostic testing in our province.

CWM is a partnership of the Centre for Healthcare Innovation and Diagnostic Services Manitoba.



