
	Blood Collection – Skin Puncture Job Aid		Document # JA100-140-08
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	Approved By: Dr. A. Kabani 	Effective Date 04-APR-2019	Source Document: 100-10-79, Phlebotomy Collection Manual

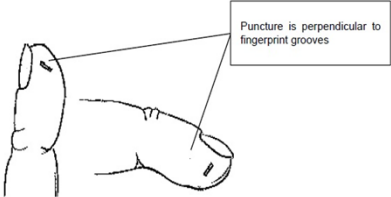
Skin Puncture Blood Collection:

- Ideal site for puncture is the inside surface of the ring or middle finger on the non-dominant hand; if this is not possible, index finger may be used; AVOID using pinky finger or thumb
- Avoid puncturing directly on pad, as it is more sensitive; choose a site medial or lateral to the pad whenever possible

Ensuring correct patient ID is CRUCIAL AND MANDATORY

- If patient does not have PHN or MB Health Card, alternative identifiers can be used, including First Nation Inuit & Aboriginal Health, Treaty Card, etc
 - The info must be unique to that patient

Have patient state and spell first and last name and birthday; resolve any discrepancies before initiating collection

Step	Action	
1	Have patient place hand, palm up, comfortably on a solid surface; select site for puncture	
2	Cleanse site with an alcohol swab; allow to air dry, do not wipe dry with cotton	
3	Grasp finger with firm even pressure between your thumb and index finger; remove tab from lancet by twisting gently; position lancet so puncture will be perpendicular to fingerprint grooves; press lancet into finger to release the blade	<p style="text-align: center;">Correct Lancet Placement</p> 
4	Wipe away the first drop of blood, as it is presumed to be contaminated with tissue fluid	
5	Position finger downward and allow the blood drops to flow freely into the collection vessel (SAFE-T-FILL/microtainer/capillary rod). Scoop drops into the container, tapping and/or gently mixing as needed to distribute anti-coagulant	<p>Do not vigorously squeeze or massage the finger; DO NOT MILK THE FINGER</p> <p>This will cause tissue fluid to contaminate the sample, which will affect results</p>
6	Cap container, and invert gently 8-10 times to mix	
7	Place gauze on finger; have patient apply pressure until bleeding stops; apply bandage if needed/requested	
8	Unless analyzing immediately and discarding any remaining sample, label all tubes with patient information including name and unique identifier; Do not walk away from the sample unless it is labelled	

NOTE: Puncture site may be warmed prior to collection to promote increased blood flow
Dangling of the hand below the level of the heart will also increase blood flow to the fingers