

Shared Health Emergency Response Services

General - Safe Work Procedure



AeroChamber (Mouthpiece) Drug Administration

Hazards Present:	Personal Protective Equipment:	Minimum Training Requirement:
Bite Biohazard MSI Poisoning (Medication)	Gloves Protective eyewear N95 Respirator mask – (if patient has an infective respiratory disease)	Emergency Medical Responder

Purpose:	Indications:
To provide aerosolized medication from a pressurized Metered Dose Inhaler (MDI)	Patient > 5 years old, in mild or moderate respiratory distress requiring aerosolized medication
Equipment:	Contraindications:
MDI containing appropriate medication be delivered AeroChamber with mouthpiece attached	None

Safe Work Procedure

- 1. Observe routine practice and use proper body mechanics
- 2. Confirm 7 Rights of Drug Administration
- 3. Position patient sitting
- 4. Remove cap(s) from the MDI and chamber
- 5. SHAKE THE MDI, 3-4 times, immediately before use
- 6. Insert the MDI into the back piece of the chamber
- 7. Instruct patient to put mouthpiece into their mouth and close lips around it to ensure an effective seal





- 8. Instruct patient to breathe out gently
- 9. Press the MDI at the beginning of the patient's next slow inhalation (with a full breath taken)
- 10. Instruct patient to hold their breath 5-10 seconds (if possible)

Note: If patient is unable to hold their breath for 5-10 seconds, then advise patient to keep lips tight on the mouthpiece and breath normally 6-10 times through the chamber after the MDI is pressed

11. Repeat above steps 1-10 for the number of puffs that ensures dose equivalency

Note: If you hear the FlowSignal Whistle sound, it means that the patient is inhaling too quickly. Request patient slow down their respirations, and repeat the above process





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Aerochamber and MDI are to remain with the patient after use

Refer to Safety and Health Guidelines should an exposure or injury occur

Guiding Documentation	Created by: R. Sneath – 03/23/2020
MR 217/2006 Part 6: Personal Protective Equipment MR 217/2006 Part 8: Musculoskeletal Injuries	Training Reviewed:
http://www.aerochambervhc.com/ https://www.trudellmed.com/products/aerochamber#main-content WRHA "MDI with Spacer Techniques" documentation	Approved by RG/TH:
	Implemented:
	Revised: