

 Shared health Soins communs Manitoba	M13 - HYDROCORTISONE	
	MEDICATION STANDING ORDER	
Version date: 2023-10-30		Effective date: 2023-10-30 (0700 hours)

INDICATIONS
<ul style="list-style-type: none"> • Anaphylaxis • Asthma • Known or suspected acute adrenal insufficiency (adrenal crisis) with known chronic adrenal insufficiency

CONTRAINDICATIONS
<ul style="list-style-type: none"> • Not applicable

ANAPHYLAXIS / ASTHMA		
ROUTE (WORK SCOPE)	INITIAL DOSE	REPEAT DOSE
INTRAVENOUS (PCP & ABOVE)	All ages - 5 mg/kg (max = 100 mg/dose)	None
INTRAOSSEOUS (ICP & ABOVE)		

ADRENAL CRISIS		
ROUTE (WORK SCOPE)	INITIAL DOSE	REPEAT DOSE
INTRAVENOUS INTRAMUSCULAR SUBCUTANEOUS (PCP & ABOVE)	All ages - 2 mg/kg (max = 100 mg/dose)	None
INTRAOSSEOUS (ICP & ABOVE)		

NOTES:

1. Give IV or IO by slow push over 2 minutes.
2. Patients with known adrenal insufficiency may have their own supply of prepared doses of hydrocortisone for emergencies, and this can be substituted when available.

APPROVED BY


Medical Director - Provincial EMS/PT



Associate Medical Director - Provincial EMS/PT

VERSION CHANGES (refer to X08 for change tracking)

- Correction - asthma added to medication dosing table to align with indications
- IM & SC dose added for adrenal crisis