

	M13 - HYDROCORTISONE	
	MEDICATION STANDING ORDER	
PCP - Paramedics with the primary and intermediate work scopes may administer this medication.		
Version date: 2023-02-13	Effective date: 2023-02-22 (0700 hours)	

INDICATIONS
<ul style="list-style-type: none"> • Anaphylaxis • Asthma • Known or suspected acute adrenal insufficiency (adrenal crisis) with known chronic adrenal insufficiency

CONTRAINDICATIONS
<ul style="list-style-type: none"> • Not applicable

AGE	INITIAL / LOADING DOSE	REPEAT / MAINTENANCE DOSE
ROUTE - INTRAVENOUS / INTRAOSSEOUS		WORK SCOPE - PCP
ANAPHYLAXIS / ASTHMA		
All ages	5 mg/kg (max = 100 mg/dose)	None
ADRENAL CRISIS		
All ages	2 mg/kg (max = 100 mg/dose)	None

NOTES:
<ol style="list-style-type: none"> 1. Give by slow push over 2 minutes. 2. Patients with known adrenal insufficiency may have their own supply of prepared doses of hydrocortisone for emergencies, and this can be substituted when available.

APPROVED BY	
	
Medical Director - Provincial EMS/PT	Associate Medical Director - Provincial EMS/PT

VERSION CHANGES (refer to X08 for change tracking)
<ul style="list-style-type: none">• Correction - asthma added to indications