

ISUKU RY'AMABOKO

KORESHA ISABUNE N'AMAZI

Koresha ubudyo bushoboka bwose isabune n'amazi

- Karaba ibiganza vyawe ukoreshe amazi y'utuzuyazi yaseseka mu karingoti. Siga isabune kubiganza, bandanya gukaraba kugera aho urupfuro ruboneka
- Uzuza ibiganza vyose hamwe n'intoke (hamwe n'inzara) urupfuro isegonde cumi na zitanu
- Karaba ibiganza ukoreshe amazi y'utuzuyazi yava mumuringoti
- Kwumutsa amaboko neza, koresha igitambara c'igikaratasi canke icuma cumisha amaboko
- Ugara amazi ukoreshe igitambara cigikaratasi

GUKORESHA UMUTI WO GUKARABA AMABOKO

Koresha umuti udafise amazi n'isabune canke ku biganza bigaragara ko vyanduye

- Koresha umuti wo kwoza ibiganza (amaboko) muke cane (ungana n'igiceri ci senti rimwe)
- Koresha umuti ku kuboko, kubiganza, ku ntoki no hagati y'intoke
- Bandanya woza intoki kugeza vyumutse
- Ntibikenewe gukoresha amazi canke kumutsa ibiganza

Impanuro: Uyu muti ushobora kwaka umuriro ukoreshezwe kubiganza bikanye canke bitumutse

TWIRINDE
**GUKWIZAKWIZA
CANKE KWANDUKIZA
INGWARA**