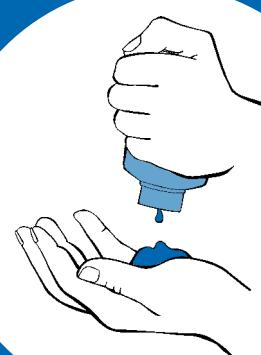
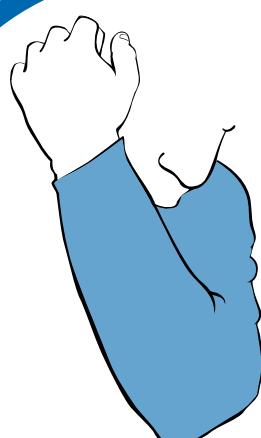


# ADAABTA QUFACA

## QUFACAAGA DABOOL



- Marka aad qufacaysid ama hindhisaysid afka iyo sankaagaba ku dabool af-tirtire

AMA

- Marka aad qufacaysid ama hindhisaysid, afka iyo sankaagaba ku dabool qaybta sare ee shaarkaaga gacantiisa, ee ha ku daboolin calaacalahaaga

- Af-tirtiraha aad isticmaashay ku rid dambiisha qashinka

- Gacmahaaga ku dhaq saabuun iyo biyo

AMA

- Haddii an saabuun iyo biyo la helayn gacmahaaga ku nadiifi kareemka gacanta aalkolada leh

Haddii ad booqanaysid isbitaal ama guriga xanaanada dadka adoo qaba qufac ama hargab, waxaa lagu weydiisan karaa inaad gashatid af iyo san daboolka qalliinka si dadka kale looga badbaadsho jirada.

GACAN KA GAYSO  
KA HORTAGGA  
FIDIDDA CUDURKA