

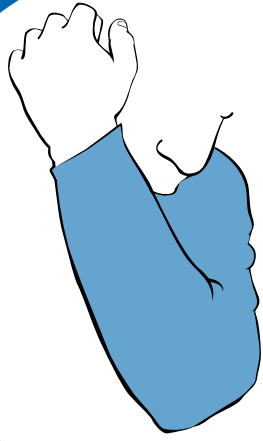
# AKKAATAA ITTI QUFA'AN

## WAYTII QUFAATU AFAAN KEE CUQQAALLADHU



- Waytii qufaatu ykn axxiffattu waraqaa qulqullinaatiin afaan kee tii fi funyaan kee cuqqaalladhu

YKN



- Waytii qufaatu ykn axxiffattu afaan kee tii fi funyaan kee harkaan utuu hin ta'in irree keetiin cuqqaalladhu

- Waraqaa itti dhimma baate meeshaa qushaashaa ykn kosii keessatti gati

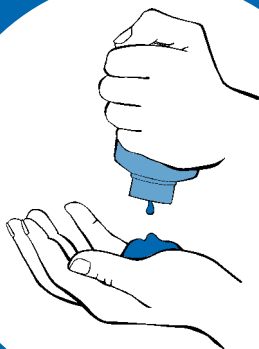
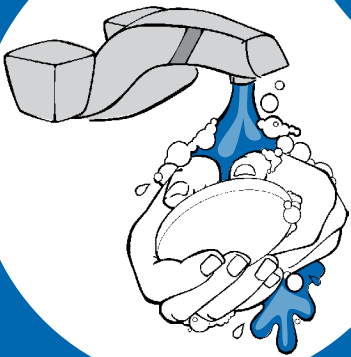
- Harka kee bishaanii fi saamunaan dhiqadhu

YKN



- Bishaanii fi saamunaan bakka hin argamnetti alkooliin makamee haala kanaaf waan qophaaween harkakee haxaawwadhu.

Osoo qufaa ykn dunfafa qabduu mana yaalaa ykn hoospitaala kan dhayxxu yoo ta'e, qufaan kun akka nama biraatti hin dabarreef jecha erbee kanaaf qophaaween funyaanii fi afaan kee akka cuqqaallattu gaaffiin siif dhihaachuu akka danda'u hubadhu



**DHUKKUBNI AKKA  
HIN DADDABARRE  
GOCHUUF QOODAKEE  
HIRMAADHU**