

Manitoba Tobacco Quit Card and Counselling Program



Are you ready to quit?

Ask about Tobacco Quit Cards!

Quit Cards cover up to \$300 for nicotine patches and aids to help low-income Manitobans stop smoking successfully. Counselling supports are available to all Manitobans.



To find out if you qualify, ask a member of your health-care team!

For more information, visit
sharedhealthmb.ca/TQCC