

Manitoba Tobacco & Vape Learning Series

Tobacco Training For Health Professionals



KEY



Online Course through LMS



Online Course through Alberta Health Services
Set up a free account to access



Live Online Course through LMS

Brief Tobacco Intervention Course

A self-led online course for health professionals. Learn an evidence-based approach for offering brief intervention (up to 3-5 minutes) to clients who use, or are exposed to, commercial tobacco and vaping products.



30-40 Minutes

Intermediate Tobacco Educator

Health professionals are invited to take any of the below courses as desired, even if not pursuing Intermediate Tobacco Educator. Tobacco Basics is recommended to be taken first. Applied Tobacco Intervention is to be taken after all prerequisite courses are complete, however learners can register for it while completing other courses.

Tobacco Basics: Learn about tobacco, tobacco use and exposure, and the impact on society.



1.5-2 Hours

Intensive Tobacco Intervention: Learn how to offer intensive intervention with clients.



6-8 Hours

Tobacco Cessation Pharmacology: Learn about the practical application of tobacco cessation pharmacology.



2-3 Hours

Applied Tobacco Intervention: Practice intervention skills with the knowledge gained from previous courses.

*Prerequisites: Tobacco Basics; Intensive Tobacco Intervention; Tobacco Cessation Pharmacology; and either Foundational Health Educator**

OR Health Behaviour Change 1&2

7 Hours over 1 day

Health Behaviour Change Part 1; the Fundamentals:

Learn about the background, definition, and theoretical components of Health Behaviour change, including the states of change, and motivational interviewing.



40-60 Minutes

Health Behaviour Change Part 2; Core Practice: Practice Health Behaviour Change skills.



3.5 Hours

OR

Foundational Health Educator*: Develop skills in behaviour change counselling and facilitation skills to assist clients.

For course availability, see [http://www.cnrchome.net/certified-tobacco-educator-\(cte\).html](http://www.cnrchome.net/certified-tobacco-educator-(cte).html)

**The FHE course may require registration and workbook fees, all other courses are at no charge.*



14 Hours over 2 Days

Certified Tobacco Educator (CTE)

Obtain Certified Tobacco Educator Credential (if desired)

Prerequisites: Tobacco Basics; Intensive Tobacco Intervention; Tobacco Cessation Pharmacology; Applied Tobacco Intervention; Foundational Health Educator

Optional: Health Behaviour Change 1; Health Behaviour Change 2

Complete final Case Based Assignment prior to CTE exam

Assigned during CTE exam registration

Write & Pass CTE Exam through the Canadian Network for Respiratory Care (CNRC)

This is offered twice yearly (typically June & November)

For more information on the credential and exam: [http://www.cnrchome.net/certified-tobacco-educator-\(cte\).html](http://www.cnrchome.net/certified-tobacco-educator-(cte).html)

Shared Health Manitoba partners with the Canadian Network for Respiratory Care (CNRC) and Alberta Health Services to provide training that qualifies health professionals to take the Certified Tobacco Educator (CTE) exam.



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Manitoba

