

Description of Task: Insertion of x-ray plate in lying or sitting							
Position/Job: 2 Healthcare Workers (HCW)			Department/Unit: All patient care areas				
Potential Hazards			Personal Protective Equipment Required				
	Risk for Injury (check all that apply)	Specify Type, Manufacturer, Model					
	Biological (puncture/spill/splash/exposure)		☐ Head Protection:				
	Caught In/Under/Between Wall, Equipment		Eye Protection:				
	Chemical/Hazardous Substance/Medication		Hearing Protection:				
	Contact with Hot/Cold Object/Substance		Face Protection:				
	Contact with Sharp Object (not biological)		Hand Protection:				
	Electrical		Foot Protection:				
	Falling or moving equipment/material		Respirator/Fit Test:				
	Moving machinery / parts		Body Protection:				
\boxtimes	MSI-Awkward / sustained postures		Hi Visibility Apparel:				
\boxtimes	MSI-Forceful exertions	□ Other:					
	MSI-Repetitive motions	Equipment and/or tools required to perform task					
	Noise	2 slid	er sheets				
	Surfaces/Objects causing slips, trip or falls	1 small slider tube or folded slider sheet					
	Task requires more than 1 worker	1 x-ray plate Training how to insert/remove slider sheets Appropriate footwear for HCW. Isolation precautions if required					
	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following					
	Working Alone or in Isolation		nine Description and Safety Features:				
	Working at Heights						
	Other:						
Patio	ent/Client/Resident Related Tasks - be	Set-u	Set-up and maintenance of this equipment is only to				
	wledgeable of patient specific hazards (CARE t, Falls Risk, Patient Handling Assessment,	be performed by trained/authorized staff following the manufacturer's manual.					
	ation Precautions, etc.)	liic ii	ianulacturer s manual.				
Training and Proficiency:							
Staff who perform this task must be trained as indicated below in this safe work procedure prior to							
performing it. Training must be documented. This SWP must be available to staff.							
⊠Read Procedure and Sign			□Other Required Training: <i>Specify</i>				
□De	emonstrated Competency	□Watched Video					
Responsibilities							
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).			Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events				

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Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	February 2021	February 2021	January 2022

This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

- To only be used for patients who are dependent for bed mobility and cannot move to allow for x-ray plate insertion with portable x-ray machine
- HCWs must stay with patient while slider sheets are in place
- More than 2 staff may be required if:
 - o Greater than minimal assistance is required by each HCW
 - o Low or high muscle tone is present
 - Behaviour interferes with care
 - o Patient care equipment or devices are being used (e.g. casts, I.V. poles)
 - o Recent surgery or fracture (e.g. Hip precautions)

Steps to be taken to complete task safely: Option 1 - Patient in lying

- Ensure bed is flat and sliders are underneath patient. HCWs stand on same side of bed/stretcher. Ensure brakes are applied and lower side rails if present. Position surface at waist height of shortest HCW.
- HCW #1 places x-ray plate inside of small slider tube or folded slider sheet. The closed end of the tube will face the patient (direction of movement) or folded end of sheet if using slider.





1c HCW #2 pulls top slider sheet to ensure it is tight when inserting x-ray plate. X-ray plate is placed between two slider sheets.



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1d	HCW #1 holds directly onto x-ray plate (do not hold on to slider tube) at a slight downward angle to the bed with palms down. HCW #1 is positioned with a wide base of support, one foot in front of the other.
1e	While HCW #2 continues to hold top slider sheet tight, HCW #1 pushes x-ray plate downwards toward underneath the patient.
1f	Adjust x-ray plate position as necessary by either adjusting small slider tube/slider sheet under patient or by using the top slider sheet to reposition patient.
1g	Remove x-ray plate by pulling gently on the bottom portion of the small slider tube/slider sheet to draw out the plate. Maintain control of the x-ray plate to prevent dropping. Remove slider sheets.
	Steps to be taken to complete task safely: Option 2 - Patient in sitting
2a	Position bed at waist height of the shortest HCW with brakes applied. Raise the head of the bed to the desired height for proper patient positioning during the scan.
2b	Both HCWs insert slider sheets under patient to the low back.
2c	Repeat steps 1b-1g to insert x-ray plate.
2d	Remove x-ray plate by pulling gently on the bottom portion of the small slider tube/slider sheet to
	draw out the plate. Maintain control of the x-ray plate to prevent dropping. Remove slider sheets.

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Relate	Related Materials:					
References:						