SWP-SPH-BED REPOSITIONING WITH SLIDER SHEETS



Description of Task: Repositioning up or sideways in bed using slider sheets							
Position/Job: 2 or more Healthcare Workers (HCWs)			Department/Unit: All patient care areas				
Potential Hazards			Personal Protective Equipment Required				
	Risk for Injury (check all that apply)		Specify Type, Manufacturer, Model				
	Biological (puncture/spill/splash/exposure)			Head P	Protection:		
	Caught In/Under/Between Wall, Equipmen	t		Eye Pro	otection:		
	Chemical/Hazardous Substance/Medication	n		Hearin	g Protection:		
	Contact with Hot/Cold Object/Substance			Face Pi	rotection:		
	Contact with Sharp Object (not biological)			Hand P	Protection:		
	Electrical		\boxtimes	Foot Pi	rotection: Proper Footwe	ar	
	Falling or moving equipment/material			Respira	ator/Fit Test:		
	Moving machinery / parts			Body P	rotection:		
\boxtimes	MSI-Awkward / sustained postures			Hi Visik	oility Apparel:		
\boxtimes	MSI-Forceful exertions			Other:			
\boxtimes	MSI-Repetitive motions		Equipment and/or tools required to perform task				
	Noise		2 Slider Sheets, extension straps or equivalent, training in				
	Surfaces/Objects causing slips, trip or falls how to insert slider sheets						
	Task requires more than 1 worker						
	Violent, Aggressive or Reactive Behaviours		For machine operation tasks complete the following				
	Working Alone or in Isolation		Machine Description and Safety Features:				
	Working at Heights						
	Other:						
	Patient/Client/Resident Related Tasks - be knowledgeable			Set-up and maintenance of this equipment is only to be			
of patient specific hazards (CARE Alert, Falls Risk, Patient			performed by trained/authorized staff following the				
					's manual.		
Training and Proficiency:							
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it.							
Training must be documented. This SWP must be available to staff.							
□ Read Procedure and Sign □ Other Required Training: Specify							
☑ Demonstrated Competency (On at least one of the slider sheets or bed slider sheet system							
☐ Watched Video Responsibilities							
	ager/Supervisor or Designate: Ensure all s	taff are	Staff	perform	ing task: Perform task in	accordance to	
trained and that duties are performed in accordance to			training, established health and safety regulations,				
training, established health and safety regulations,			guidelines, policies and procedures (e.g. following safe				
			work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.				
	work procedures). Approved by Original		Effectiv		Revised Effective Date	Reviewed Date	
	incial Workplace Safety & Health Working		mber 2		December 2018	January 2022	
Group				-			

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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

- More than 2 HCW may be required if:
 - o Patient is greater than 200 pounds (90 kg), obese or very tall
 - o Low or High Muscle Tone is present
 - o Behaviour interferes with care.
 - o Patient care equipment or devices are being used (e.g. Casts, I.V. poles)

Recent surgery or fracture. (e.g. Hip precautions) etc.

Steps to be taken to complete task safely				
1	Place the bed flat and position bed at the waist height of the shortest person. HCWs are positioned on opposite sides of the bed and two sliders are in place under the patient. Ensure brakes are engaged on bed.			
2	Use wide base of support. If repositioning laterally (side to side) in bed, HCWs place feet with one foot in front of the other and keep back straight.			
	If repositioning up in bed, HCWs place feet parallel hip width apart with knees bent. Place a pillow in front of the headboard to protect patient during repositioning.			

- When ready for movement, have patient cross their arms on their chest and lift head if able.
- For side to side repositioning, HCW **#1** (left in photo) will place one hand on the patient's shoulder and the other hand on the patient's hip. HCW **#2** (right in photo) can assist by grasping the handles of the top slider near the shoulder and hip **OR** fold and roll the slider to help create grip.

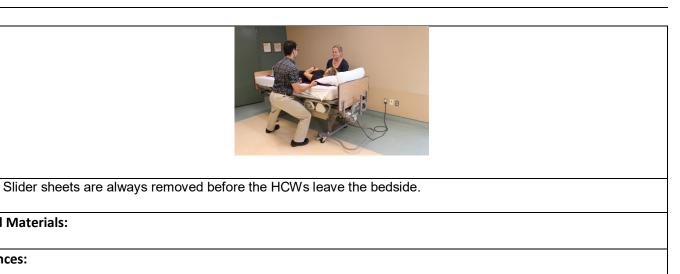




- When both HCWs are in the correct position, they will move at the same time. Ensure proper weight shift for the HCW. HCW #1 pushes slider sheet towards HCW #2, HCW #2 pulls slider sheet towards themselves.
- For repositioning up in bed, both HCWs grab handles of top slider at approximately shoulder and hip level. Both HCWs shift weight towards head of bed to slide patient into the correct position. Repeat movement as necessary, keeping elbows tucked in.

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Related Materials:

References: