

SWP-SPH-BED REPOSITIONING WITH SLIDER SHEETS

Description of Task: Repositioning up or sideways in bed using slider sheets			
Position/Job: 2 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
<i>Risk for Injury (check all that apply)</i>		<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input checked="" type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	2 Slider Sheets, extension straps or equivalent, training in how to insert slider sheets	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls		
<input type="checkbox"/>	Task requires more than 1 worker		
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign <input type="checkbox"/> Other Required Training: <i>Specify</i>			
<input checked="" type="checkbox"/> Demonstrated Competency (On at least one of the slider sheets or bed slider sheet system)			
<input type="checkbox"/> Watched Video			
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	December 2018	December 2018	January 2022

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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:


- More than 2 HCW may be required if:
 - Patient is greater than 200 pounds (90 kg), obese or very tall
 - Low or High Muscle Tone is present
 - Behaviour interferes with care.
 - Patient care equipment or devices are being used (e.g. Casts, I.V. poles)

Recent surgery or fracture. (e.g. Hip precautions) etc.

Steps to be taken to complete task safely

1	Place the bed flat and position bed at the waist height of the shortest person. HCWs are positioned on opposite sides of the bed and two sliders are in place under the patient. Ensure brakes are engaged on bed.
2	Use wide base of support. If repositioning laterally (side to side) in bed, HCWs place feet with one foot in front of the other and keep back straight. If repositioning up in bed, HCWs place feet parallel hip width apart with knees bent. Place a pillow in front of the headboard to protect patient during repositioning.
3	When ready for movement, have patient cross their arms on their chest and lift head if able.
4	For side to side repositioning, HCW #1 (left in photo) will place one hand on the patient's shoulder and the other hand on the patient's hip. HCW #2 (right in photo) can assist by grasping the handles of the top slider near the shoulder and hip OR fold and roll the slider to help create grip. 
5	When both HCWs are in the correct position, they will move at the same time. Ensure proper weight shift for the HCW. HCW #1 pushes slider sheet towards HCW #2, HCW #2 pulls slider sheet towards themselves.
6	For repositioning up in bed, both HCWs grab handles of top slider at approximately shoulder and hip level. Both HCWs shift weight towards head of bed to slide patient into the correct position. Repeat movement as necessary, keeping elbows tucked in.

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7	Slider sheets are always removed before the HCWs leave the bedside.	
Related Materials:		
References:		