

SAFETY PRACTICE

# SUICIDE PREVENTION PROGRAM

LET'S KEEP PATIENTS/CLIENTS/RESIDENTS SAFE:

ASSESS AND MONITOR THEM FOR RISK OF SUICIDE

\*\*See your site/program policy, procedure or guideline\*\*

Note: Patient/Client/Resident used interchangeably

## Prevent Patient/Client Harm

Suicide prevention is a safety priority. We can limit patient/client/resident harm by identifying those at risk of suicide and helping them stay safe.

### Suicide Prevention



All health care workers play a part in suicide prevention. If you think a patient/client/resident is at risk, follow your guideline and procedure. If you are not sure what to do: get help from a co-worker & notify your supervisor/coordinator/manager immediately.

### Common Suicide Prevention Strategies Include:

#### 1) Assessment:

- Suicide screen - ask directly about thoughts of suicide
- Suicide risk assessment & history

#### 2) Interventions & Monitoring:

- Immediate suicide risk management Interventions
- Assessment by mental health professional
- Suicide risk management plan
- Reassessment for suicide risk at regular intervals
- Communication within the care team & at care transitions



#### 3) Document and Communicate:

- Why the risk assessment was done
- Results of the assessment
- Safety interventions and plans put in place
- Monitoring and re-evaluation plans or outcomes
- Risk status to next care provider & at care transitions



Make sure you review your program guideline and know what you need to do.

### Need more information?

Contact your coordinator /supervisor /manager or quality safety lead.