



<b>Document #:</b>  <b>3.4</b>	 <b>Shared health Soins communs Manitoba</b> <b>Standard Operating Procedure (SOP)</b>	<b>Status: v 2.0</b>  Revised: March 2025 Owner: Environmental Services
<b>ISOLATION DISCHARGE PATIENT/RESIDENT/CLIENT ROOM CLEANING AND DISINFECTING</b>		Page 1 of 4


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<b>Purpose</b>	To ensure best practice for cleaning and disinfecting an isolation room after a patient/resident/client (P/R/C) has been discharged to reduce potential transmission of microorganisms.	
<b>Background</b>	<p>Refer to the appropriate Safety Data Sheets (SDS) for IP&amp;C/facility approved disinfectants and cleaners used in this SOP.</p> <p>CSA Z317.12 Cleaning and Disinfection of Healthcare Facilities  When using cleaning and disinfecting products, the following shall apply:</p> <ol style="list-style-type: none"> <li>a) Follow all MIFUs.</li> <li>b) If required, don appropriate PPE.</li> <li>c) Cleaning and disinfection shall be performed using the following principles: <ol style="list-style-type: none"> <li>i) proceed from <ol style="list-style-type: none"> <li>1) clean to dirty areas, cleaning and disinfecting toilet rooms last;</li> <li>2) low-frequency touch to high-frequency touch surfaces; and</li> <li>3) higher surfaces to lower surfaces</li> </ol> </li> <li>ii) change cleaning and disinfecting cloths (and mops) when <ol style="list-style-type: none"> <li>1) visibly soiled;</li> <li>2) no longer wet enough to allow for appropriate contact time; and</li> <li>3) exiting a patient room under additional precautions;</li> </ol> </li> <li>iii) do not double-dip dirty cleaning cloths in chemical solution; and</li> <li>iv) do not re-wet disposable cleaning cloths</li> </ol> </li> </ol>	
<b>Required Materials</b>	Cleaned/disinfected and stocked environmental services cart. Clean linen (after room is cleaned).	SOP 10.2 Environmental Services Cart Cleaning and Disinfecting
	<p>Perform hand hygiene and then collect the following supplies and put into a double lined bag and place outside of the room or inside the ante room (site specific).</p> <p>Separated disinfectant soaked cloths/wipes and microfiber mops in single, clear bags (site specific)  Portion Aid or container filled with facility approved disinfectant (J fill)  Large garbage bags for collecting total waste  Linen bag  Clear plastic bags for collecting soiled mops and cloths (site specific)  Microfiber mop handle (site specific)  Ladder  Extra pair of gloves</p> <p>If the room is still occupied by another isolation P/R/C, also collect  Paper towels  Toilet paper  Hand soap  Toilet swab/brush</p>	

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**The Process:**

Step	Description	Key Points
	Start with the furthest bed from the door and treat each bed space as a single room working your way outwards to the washroom and room entrance.	Treat each bed space as a single room. In multi P/R/C rooms, complete the cleaning and disinfection in each bed space before moving to the next. All bed spaces in the room should be cleaned and disinfected before moving to the washroom(s) located within the room.
1.	Knock before entering the room, to ensure it is vacant.	If multi P/R/C room, consider each bed space.
2.	Perform hand hygiene and don appropriate PPE as required for the specific P/R/C.	Refer to Additional Precautions sign and apply PPE as indicated: <ul style="list-style-type: none"> <li>• Donning PPE <a href="#">English</a>   <a href="#">French</a></li> <li>• Doffing PPE <a href="#">English</a>   <a href="#">French</a></li> </ul>
3.	If multi P/R/C room, place bag of supplies on the floor close to the door. Greet the occupants in a friendly, courteous manner. Announce your department and name and explain that you are about to clean the room/bed space.  Bring ladder and mop into the P/R/C room.	All supplies are to remain inside the double lined bag (depending on occupancy) until all the cleaning is completed. If the P/R/C is sleeping, do not make undue noise or cause a disturbance.
4.	Using the ladder, remove the cubical curtains and/or shower curtains in the isolation room or bed space. Place the soiled curtains into a linen bag.  <u>Note:</u> If a soiled curtain is removed, a clean curtain can be hung once the cleaning and disinfecting of the occupied space has been completed and staff are no longer wearing contaminated PPE.	For extended stays, change cubical curtains regularly (e.g., monthly). If multi P/R/C room, hand hygiene is required after handling cubical curtains.
5.	If not already done, remove soiled pillowcase from the pillow and remove soiled linen by bringing the corners of the linen to the centre of the bed. Hold the linen away from your body and gently place into the soiled linen hamper. Remove the linen bag from the receptacle and place the bag near the exit door inside the room.	Removing linen is the responsibility of health care worker on the unit. If the pillow is fabric, then place into the linen hamper. Use caution when removing linen from beds, check for sharps or other items left on the bed. Do not agitate linen during removal so as not to disperse microorganisms. Ensure removal of any irreparable pillows.

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6.	Collect garbage and soiled linen bag and place near the door.	
7.	Ensure visible or gross soiling (e.g., urine spills, feces, etc.) is removed from all surfaces in the room/bed space.	Visible or gross soiling must be removed as a first step to cleaning and disinfecting.
8.	Doff gloves, perform hand hygiene and don clean gloves.	
9.	Clean and disinfect systematically around the room/bed space from <u>top to bottom</u> , <u>clean to dirty</u> , start with cleaning and disinfecting the walls. Change the cloth when no longer saturated with disinfectant and after cleaning heavily soiled areas. If gloves become visibly soiled, doff gloves, perform hand hygiene and don clean gloves.	<u>Note:</u> While cleaning systematically around the P/R/C room or bedspace, pay attention to thorough cleaning/disinfection of high touch areas (e.g., door handles, light switches, bed rails and call bells). Allow for appropriate wet contact time with the disinfectant as indicated by the Manufacturer's instructions. Do not double dip cloths into disinfectant.
10.	Clean and disinfect the P/R/C bed, chairs, side table and overbed table and pillow (if not fabric).	Refer to SOP 4.1 Generic Bed Cleaning and Disinfecting
11.	Clean and disinfect soiled linen hamper, waste bin and ladder.	
12.	Clean and disinfect the washroom.	Refer to SOP 5.1 Washroom Cleaning and Disinfection
13.	Discard the toilet swab/brush and holder. Place soiled cloths into soiled linen bag at door and microfiber mops into clear plastic bag.	
14.	Dispose of several layers of paper towel/toilet paper.	There is no need to discard any paper products from P/R/C rooms on airborne precautions.
15.	In a multi P/R/C room, remove the outer bag from the supplies and discard into garbage bag.	
16.	Damp mop the P/R/C room, mopping washroom last.	<p>Refer to SOP 8.1 Dry/Damp Mopping</p> <p>Multi P/R/C rooms: If any item(s) in the P/R/C environment(s) is touched during mopping (e.g. moving a bedside table to clean the floor), BEFORE moving to the next bed space, wipe mop handle with disinfectant, perform hand hygiene and don clean gloves.</p>

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17.	Doff PPE perform hand hygiene, for multi P/R/C rooms, don a clean set of PPE outside of the room/bed space. Collect clean linen and make the bed.	Refer to SOP 4.2 Making Generic Bed
18.	Refill soap, hand sanitizer, paper towel dispensers and toilet paper as required.	
19.	Hang clean curtains.	
20.	Clean and disinfect all environmental services equipment, including the ladder and perform hand hygiene before returning equipment to the cart. If multi P/R/C room, remove double lined bag and discard outer layer. Place inner bag of unused supplies outside of room and put back in service as long as no items were cross contaminated.	Ensure environmental services cart and equipment remain clean.
21.	In a multi P/R/C room, doff PPE and perform hand hygiene.	<p>Refer to Additional Precautions sign and apply PPE as indicated:</p> <ul style="list-style-type: none"> <li>• Donning PPE <a href="#">English</a>   <a href="#">French</a></li> <li>• Doffing PPE <a href="#">English</a>   <a href="#">French</a></li> </ul>
22.	Enter the discharge room into Oculys (site specific).	