



Document #: 3.1	 Shared health Soins communs Manitoba	Standard Operating Procedure (SOP)	Status: v 2.0 Revised: April 2023 Owner: Environmental Services
Title REGULAR OCCUPIED PATIENT ROOM CLEANING AND DISINFECTING			Page 1 of 2

Purpose	Summarizes best practice for cleaning and disinfecting an occupied patient room.		
Background	Refer to the appropriate S.D.S for chemicals used in this SOP.		
Required Materials	Cleaned/disinfected and stocked environmental services cart. Clean linen (after room is cleaned).	SOP 10.2 Environmental Cart Cleaning and Disinfecting	

The Process:

Step		
1.	Perform hand hygiene. Don appropriate gloves.	WRHA Routine Practices Policy: https://policies.wrha.mb.ca/policy/120/infection-prevention-control/3065/90-00-060.pdf
2.	Enter and if occupied greet the patient and visitors in a friendly, courteous manner.	If touching the doorknob, remove gloves afterward, perform hand hygiene and don clean gloves.
3.	Check cubical curtains for visible soil or contamination with blood or body fluids.	Clean or change cubical curtains if visibly soiled. For extended stays, change cubical curtains regularly (e.g., monthly). If multi-patient room, hand hygiene is required after handling cubical curtains.
4.	Collect garbage, soiled linen and remove gross soil (e.g., urine spills, feces).	Put garbage and soiled linen near the door.
5.	Remove gloves, perform hand hygiene and don clean gloves.	
6.	Clean and disinfect systematically around the room from <u>top to bottom</u> , <u>clean to dirty</u> . Change the cloth when no longer saturated with disinfectant and after cleaning heavily soiled areas. If more than one patient/resident in room, use fresh cloths for each. Complete the cleaning in each bed space before moving to the next. If gloves become visibly soiled, remove gloves, perform hand hygiene and apply clean gloves.	Note: While cleaning systematically around the client room, pay attention to thorough cleaning of high touch areas (e.g., door handles, light switches, bed rails and call bells). Allow for appropriate wet contact time with the disinfectant. Do not double dip cloths into disinfectant.
7.	Clean and disinfect the washroom.	SOP 5.1 Washroom Cleaning and Disinfecting
8.	Soiled cloths may be placed directly into the soiled linen bag by the door.	

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<p>Title REGULAR OCCUPIED PATIENT ROOM CLEANING AND DISINFECTING</p>		<p>Page 2 of 2</p>

9.	Remove gloves. Perform hand hygiene. Don clean gloves.	
10.	Dry mop patient room bringing the waste to the door. Pick up the waste with the banister brush and dust pan and place into the waste container.	SOP 8.1 Dry/Damp Mopping NOTE: Do not dry mop the washroom.
11.	Damp mop using the microfiber mop.	
12.	Clean and disinfect all housekeeping equipment before returning equipment to the cart.	
13.	Dispose of garbage and soiled linen as per facility process.	SOP 11.1 Waste Disposal
14.	Remove gloves. Perform hand hygiene.	
15.	Collect needed supplies to restock room.	
16.	Restock room.	