



Document #: 3.2	 Shared health Soins communs Manitoba	Standard Operating Procedure (SOP)	Status: v 2.0 Revised: April 2023 Owner: Environmental Services
Title REGULAR DISCHARGE PATIENT ROOM CLEANING AND DISINFECTING			Page 1 of 2

Purpose	Summarizes best practice for cleaning and disinfecting a regular room after a patient has been discharged.		
Background	Refer to the appropriate S.D.S for chemicals used in this SOP.		
Required Materials	Cleaned/disinfected and stocked environmental services cart. Clean linen (after room is cleaned).	SOP 10.2 Environmental Cart Cleaning and Disinfecting	

The Process:

Step		
1.	Perform hand hygiene. Don appropriate gloves.	WRHA Routine Practices Policy: https://policies.wrha.mb.ca/policy/120/infection-prevention-control/3065/90-00-060.pdf
2.	Check cubical curtains for visible soil or contamination with blood or body fluids.	Clean or change cubical curtains if visibly soiled. Change cubical curtains regularly (e.g., monthly). If multi-patient room, hand hygiene is required after handling cubical curtains.
3.	If not already done, remove soiled pillow case from the pillow. Remove soiled linen by bringing the corners of the linen to the centre of the bed. Hold the linen away from your body and gently place into the soiled linen hamper.	Removing linen is the responsibility of the health care worker on the unit. If the pillow is fabric then place into the laundry bag. Do not agitate linen during removal as this can disperse microorganisms. Use caution removing linen from beds since sharps or other items may be present.
4.	Collect garbage, soiled linen, and remove gross soil (e.g., urine spills, feces).	Put garbage and soiled linen near the door.
5.	Remove gloves. Perform hand hygiene. Don appropriate gloves.	
6.	High dust the room.	
7.	Spot clean and disinfect walls.	

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8.	Clean and disinfect systematically around the room from <u>top to bottom, clean to dirty</u> . Change the cloth when no longer saturated with disinfectant and after cleaning heavily soiled areas. If more than one patient/resident in room, use fresh cloths for each. Complete the cleaning in each bed space before moving to the next. If gloves become visibly soiled, remove gloves, perform hand hygiene and apply clean gloves.	Note: While cleaning systematically around the client room, pay attention to thorough cleaning of high touch areas (e.g., door handles, light switches, bed rails and call bells). Allow for appropriate wet contact time with the disinfectant. Do not double dip cloths into disinfectant.
9.	Clean and disinfect the patient bed, chairs, side table, overbed table and wipe pillow (if not fabric).	SOP 4.1 Generic Bed Cleaning and Disinfecting
10.	Clean and disinfect the washroom.	SOP 5.1 Washroom Cleaning and Disinfecting
11.	Soiled cloths may be placed directly into the soiled linen bag by the door.	
12.	Remove gloves. Perform hand hygiene. Don clean gloves.	
13.	Dry mop the room bringing the waste to the door. Do not dry mop the washroom. Pick up the waste with the banister brush and dust pan and dispose into the waste container.	SOP 8.1 Dry/Damp Mopping Note: Multi patient rooms: If any item(s) in the patient environment(s) is touched during mopping (e.g., moving a bedside table to clean the floor), mop handle must be wiped down with hospital approved disinfectant, gloves removed and hand hygiene performed.
14.	Damp mop floor using the microfiber mop.	
15.	Clean and disinfect all housekeeping equipment.	
16.	Dispose of garbage and soiled linen as per facility process.	SOP 11.1 Waste Disposal
17.	Remove gloves. Perform hand hygiene.	
18.	Collect clean linen and needed supplies and make the bed.	SOP 4.2 Making Generic Bed
19.	Refill the soap, hand sanitizer, paper towel dispensers and toilet tissues as required.	
20.	Enter the discharge room into Oculys if used at your site.	