

PDSA Cycles



PDSA stands for Plan-Do-Study-Act. It refers to a rapid test of change.

In an improvement project, a team will produce many improvement ideas and the top 4-5 ideas will be selected and implemented in PDSA cycles. Each PDSA cycle will last no more than 1 – 2 weeks, making the total improvement phase a maximum of 10 weeks (about 2 and a half months) in duration.



Tips to Accelerate the Rate of Improvement

1. Scale down the size of the initial test
2. Test with volunteers
3. Plan multiple cycles to test and adapt change
4. Communication that it is a test and then just do it
5. Collect useful data during each test

Shared Health works collaboratively with our provincial service delivery partners to develop and deliver lean training to staff across Manitoba.