

## Moderate Conscious Sedation - Adult

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**To:** All SDO Leadership

**Re:** Moderate Conscious Sedation – Adult Provincial Clinical Guideline and Supporting Materials Release

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Dear Colleagues,

The provincially approved **Shared Health Moderate Conscious Sedation – Adult Provincial Clinical Guideline** and supporting materials are being rolled out to establish standards for Alternate Care Provider administered moderate conscious sedation. Service Delivery Organizations (SDOs) will use this guideline to inform the creation of their local standard operating procedures for the delivery of moderate conscious sedation in adults.

The purpose of this guideline and supporting materials is to create equity and standardization across the province for administering moderate conscious sedation with clear practice guidelines and training requirements. The guideline creates efficiency and role clarity with inclusion/exclusion criteria. Additionally, implementation of this practice allows for the opportunity to reallocate Anesthesiologist Provider capacity to higher value-added procedures where an Alternative Care Provider can safely administer moderate conscious sedation. Anesthesiologist Provider presence during most endoscopic procedures is not necessary.

**The timing of the implementation of this Guideline may align with other surgical optimization shifts, as this model requires nursing resource changes and other staffing shifts to occur.**

**Patient Impact:**

- Equitable, accessible and safe services available to patients
- Decreased wait times for services requiring anesthesia services
- Sustainable and efficient quality of care

**Supporting materials are available at:** [Shared Health Clinical Projects, Standards, and Guidelines:](#)

- Shared Health Moderate Conscious Sedation – Adult Provincial Clinical Guideline

**Templates available for your region to adapt for local context**

- Shared Health Gastrointestinal Endoscopy and Bronchoscopy Decision Making Intra Procedure Record **\*Template\***
- Shared Health Moderate Conscious Sedation – Discharge Instructions for Patient **\*Template\***

**The Following Learning Package can be found on the Learning Management System (LMS)**

- Provincial Procedural Sedation and Analgesia Learning Package

We appreciate your support as we move towards evidence-based practice in order to optimize our delivery of timely services in the province.