

Long COVID / Post COVID-19 Condition

You may have Long COVID if these symptoms are impacting your daily function and are not due to any other medical condition. Talk to your healthcare provider if these symptoms have continued 12 weeks or longer since you first became ill with COVID-19.



Memory Problems / Brain Fog



Sleep Problems



Weakness or Fatigue



Shortness of Breath



Mental Health Conditions



Gut Problems



Persistent Cough



Headaches



Feeling Dizzy



Loss of Taste



Ringing in Ears



Changes to Vision



Fever



Loss of Smell



Changes to Hearing



Difficulty Swallowing



Heart Palpitations



Stuffy Nose



Sore Throat



Muscle & Joint Pain



Be kind to yourself. You are not alone.

To learn more about Long COVID / post COVID-19 condition and find resources that can help scan the QR code

