



Document #: 3.3	 Shared health Soins communs Manitoba	Standard Operating Procedure (SOP)	Status: v 2.0 Revised: April 2023 Owner: Environmental Services
Title ISOLATION OCCUPIED PATIENT ROOM CLEANING AND DISINFECTING			Page 1 of 2

Purpose	Summarizes best practice for cleaning and disinfecting of an isolation room that is occupied.		
Background	Refer to the appropriate S.D.S for chemicals used in this SOP.		
Required Materials	Cleaned/disinfected and stocked environmental services cart.	SOP Environmental Cart Cleaning and Disinfecting	
	<p>Perform hand hygiene and then collect the following supplies and put into a large double lined bag and place outside of the room or inside the ante room if available. Clean and disinfect all required housekeeping equipment (e.g., microfiber mop, banister brush, dustpan, mop handles and portion aid bottle).</p> <p>Pre-soaked cloths/wipes Pre-soaked microfiber mop heads Portion Aid or container filled with facility approved disinfectant Package of paper towel Toilet paper roll Hand soap Hand sanitizer Large bag for collecting total waste Small bags for lining waste bins Plastic bags for collecting soiled mops and cloths Extra pair of gloves Separate the pre-soaked cloths/wipes and microfiber mops into single bag.</p>		

The Process:

Step		
1.	Perform hand hygiene.	WRHA Routine Practices Policy: https://policies.wrha.mb.ca/policy/120/infection-prevention-control/3065/90-00-060.pdf
2.	Put on the appropriate personal protective equipment (PPE).	Putting on Personal Protective Equipment: https://professionals.wrha.mb.ca/old/extranet/ipc/files/00006-sh-ppe-donning-e.pdf
3.	Enter and if occupied greet the patient and visitors in a friendly, courteous manner and place bag of supplies on the floor close to the door.	If touching the doorknob, remove gloves afterward, perform hand hygiene and don clean gloves.
4.	Check cubical curtains for visible soil or contamination with blood or body fluids.	Clean or change cubical curtains if visibly soiled. For extended stays, change cubical curtains regularly (e.g., monthly). If multi-patient room, hand hygiene is required after handling cubical curtains.

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5.	Collect garbage, soiled linen and remove gross soil (e.g., urine spills, feces).	Put garbage and soiled linen near the door.
6.	Remove gloves. Perform hand hygiene. Don clean gloves.	
7.	Clean and disinfect systematically around the room from <u>top to bottom</u> , <u>clean to dirty</u> . Change the cloth when no longer saturated with disinfectant and after cleaning heavily soiled areas. If more than one patient/resident in room, use fresh cloths for each. Complete the cleaning in each bed space before moving to the next. If gloves become visibly soiled, remove gloves, perform hand hygiene and apply clean gloves.	Note: While cleaning systematically around the client room, pay attention to thorough cleaning of high touch areas (e.g., door handles, light switches, bed rails and call bells). Allow for appropriate wet contact time with the disinfectant. Do not double dip cloths into disinfectant.
8.	Clean and disinfect the washroom.	SOP 5.1 Washroom Cleaning and Disinfecting
9.	Soiled cloths may be placed directly into the soiled linen bag by the door.	
10.	Remove gloves. Perform hand hygiene. Don clean gloves.	
11.	Damp mop floor using the microfiber mop, cleaning washroom last.	SOP 8.1 Dry/Damp Mopping
12.	Clean and disinfect everything prior to placing it outside the room including microfiber mop handle and the portion aide bottle.	
13.	Remove personal protective equipment and perform hand hygiene. Don clean gloves.	Removing Personal Protective Equipment: https://professionals.wrha.mb.ca/old/extranet/ipc/files/00007-sh-ppe-doffing-e.pdf
14.	Dispose of garbage and soiled linen as per facility process.	SOP 11.1 Waste Disposal
15.	Remove gloves. Perform hand hygiene. Collect needed supplies to restock room	
16.	Perform hand hygiene. Don appropriate PPE. Restock room.	
17.	Remove PPE. Perform hand hygiene.	