




Document #: 3.4	 Shared health Soins communs Manitoba	Standard Operating Procedure (SOP)	Status: v 2.0 Revised: April 2023 Owner: Environmental Services
Title ISOLATION DISCHARGE PATIENT ROOM CLEANING AND DISINFECTING			Page 1 of 3

Purpose	Summarizes best practice for cleaning and disinfecting an isolation discharge patient room.		
Background	Refer to the appropriate S.D.S for chemicals used in this SOP.		
Required Materials	Cleaned/disinfected and stocked environmental services cart. Clean linen (after room is cleaned).	SOP 10.2 Environmental Cart Cleaning and Disinfecting	
	<p>Collect the following supplies and put into a large double lined clear bag and place outside of the room or inside the ante room:</p> <ul style="list-style-type: none"> Pre-soaked cloths/wipes Pre-soaked microfiber mop heads Portion Aid filled with undiluted facility approved disinfectant Garbage bags Soiled linen bag Clear plastic bags Microfiber mop handle Ladder <p>If the room is still occupied by another isolation patient, also collect</p> <ul style="list-style-type: none"> Paper towel Toilet paper roll Hand soap Toilet swab <p>Separate the pre-soaked cloths/wipes and microfiber mops into single clear bag.</p>		

The Process:

Step		
1.	Perform hand hygiene.	WRHA Routine Practices Policy: https://policies.wrha.mb.ca/policy/120/infection-prevention-control/3065/90-00-060.pdf
2.	Put on the appropriate personal protective equipment (PPE).	Putting on Personal Protective Equipment: https://professionals.wrha.mb.ca/old/extranet/itpc/files/00006-sh-ppe-donning-e.pdf
3.	Enter the room with the supplies, placing the bag on the floor close to the door.	If touching doorknob, remove gloves afterward, perform hand hygiene and don clean gloves. Note: All paper supplies and soap are to remain inside the garbage bag until all the cleaning is completed.

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<p>4.</p>	<p>Remove the cubical curtains and/or shower curtains in the isolation room using a ladder. Place the soiled curtains into a linen bag.</p>	
<p>5.</p>	<p>If not already done, remove soiled pillowcases from the pillow.</p> <p>Remove soiled linen by bringing the corners of the linen to the centre of the bed.</p> <p>Hold the linen away from your body and gently place into the soiled linen hamper. Remove the linen bag from the receptacle and place the bag near the exit door <i>inside</i> of the room.</p>	<p>Removing the linen is the responsibility of health care workers on the unit.</p> <p>If the pillow is fabric, then place into the laundry bag.</p> <p>Do not agitate linens during removal as this can disperse microorganisms. Use caution when removing linen from beds since sharps or other items may be present.</p>
<p>6.</p>	<p>Collect garbage, soiled linen, and remove gross soil (e.g., urine spills, feces). Remove gloves, perform hand hygiene, don clean gloves.</p>	<p>Empty all waste containers. Put all waste into one large garbage bag and place near door.</p>
<p>7.</p>	<p>Clean and disinfect systematically around the room from <u>top to bottom, clean to dirty</u>, starting with cleaning and disinfecting the walls. Change the cloth when no longer saturated with disinfectant and after cleaning heavily soiled areas. If more than one patient/resident in room, use fresh cloths for each. Complete the cleaning in each bed space before moving to the next. If gloves become visibly soiled, remove gloves, perform hand hygiene and apply clean gloves.</p>	<p>Note: While cleaning systematically around the client room, pay attention to thorough cleaning of high touch areas (e.g., door handles, light switches, bed rails and call bells). Allow for appropriate wet contact time with the disinfectant. Do not double dip cloths into disinfectant.</p>
<p>8.</p>	<p>Clean and disinfect the patient bed, chairs, side table, overbed table and wipe pillow.</p>	<p>SOP 4.1 Generic Bed Cleaning and Disinfecting</p>
<p>9.</p>	<p>Clean and disinfect soiled linen hamper and waste container.</p>	
<p>10.</p>	<p>Clean and disinfect the washroom.</p>	<p>SOP 5.1 Washroom Cleaning and Disinfection</p>
<p>11.</p>	<p>Discard the toilet swab and holder. Place soiled cloths into soiled linen bag at door and microfiber mops into clear plastic bag.</p>	
<p>12.</p>	<p>Dispose of several layers of paper towel/ toilet paper.</p>	<p>There is no need to discard any paper products from patient rooms on airborne precautions.</p>

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13.	Remove the outer bag from the supplies and discard into the waste bag.	
14.	Remove gloves. Perform hand hygiene and then put on a clean set of PPE. Collect linen and make the bed.	SOP 4.2 Making Generic Bed
15.	Refill the soap, hand sanitizer, paper towel dispensers and toilet paper as required.	
16.	Hang clean curtains. Clean ladder before removing from room.	
17.	Damp mop floor using the microfiber mop.	SOP 8.1 Dry/Damp Mopping Note: Multi patient rooms: If any item(s) in the patient environment(s) is touched during mopping (e.g., moving a bedside table to clean the floor), mop handle must be wiped down with hospital approved disinfectant before being used on the next patient space, hand hygiene must be performed, and clean gloves applied.
18.	Clean and disinfect all housekeeping equipment before placing back in the cart.	
19.	Remove personal protective equipment and perform hand hygiene.	Removing Personal Protective Equipment: https://professionals.wrha.mb.ca/old/extranet/ipc/files/00007-sh-ppe-doffing-e.pdf
20.	Return all unused supplies to the environmental services cart. Perform hand hygiene.	Unused supplies may only be returned to the housekeeping room if they were not removed from the double lined bag during cleaning.
21.	Enter the discharge room into Oculys if used at your site.	