DO NOT USE: Dangerous Abbreviations, Symbols, Dose Designations

UNACCEPTABLE SYMBOL/DOSE EXPRESSION	INTENDED MEANING	MISINTERPRETATION	RECOMMENDATION
QD, qd, OD, od	Every day	Mistaken as qid or right eye	Write out "daily"
QOD, qod, eod	Every other day	Mistaken for QD or QID	Write out "every other day"
U, u, iu, IU	Units or international units	Next to a number, a U can look like a 0, resulting in a tenfold increase in dose	Write out "units"
.x	Leading decimal point	Decimal point can be missed, resulting in a tenfold increase in dose.	Always use a leading zero (eg. 0.x mg)
x.0	Trailing zero	Decimal point can be missed, resulting in a tenfold increase in dose.	Do not use a trailing zero (eg. x mg)
SL	Sublingual	Misunderstood for SC	Write out "sublingual"
SC, SQ or sub q	Subcutaneous	Misunderstood for SL	Use "subcut" or subcutaneous





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Mistaken for AU, AS, AD

or once daily

May be mistaken for other drugs

Mistaken for ma

Mistaken for "discontinue"

Mistaken for "u" (units)

Mistaken for "2" (two)

or "5" (five)

Mistaken for "7" (seven)

or the letter "L"

Confused with each other

Write out full meaning

Write out drug name in full

Write out "microgram" or "mcg"

Write out "discharge"

Use ml or "millilitre"

Write out "at"

Write out

"greater than"/ "more than" or

"less than"/"lower than"

Rev. 0 May 2018 adapted from MIPS Sept 2021

UNACCEPTABLE SYMBOL/DOSE EXPRESSION	INTENDED MEANING	MISINTERPRETATION	RECOMMENDATION
AU, AS, AD	Both ears, left ear, right ear	Mistaken for OU, OS or OD	Write out full meaning

Both eyes, left eye, right eye

Microgram

Discharge

Cubic Centimetre

at

Greater than

Less than

*Common abbreviations for elements are acceptable if clearly written (Eg. K, Na, Cl, Zn, Mg, Fe, Ca)

OU, OS, OD

Abbreviated drug names*

(Eg. AZT, CPZ, HCTZ, MSO4)

ug, µg

D/C

CC

(a)

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Source: Institute for Safe Medication Practices Canada