

# How to Hand Rub



Apply a dime-sized amount (2-3 ml) of product into palms of dry hands



Rub product into hands palm to palm



Rub fingertips of each hand in opposite palm



Rub between and around fingers

————— Rub hands for 15 seconds —————



Rub each thumb clasped in opposite hand



Rub back of each hand with opposite palm



Rub hands until dry before performing another task



DO NOT WIPE OFF.



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