



Document #: 4.1	 Shared health Soins communs Manitoba Standard Operating Procedure (SOP)	Status: v 0.0 Revised: April 2023 Owner: Environmental Services
Title GENERIC BED CLEANING AND DISINFECTING		Page 1 of 2

Purpose	Summarizes best practice for cleaning and disinfecting a generic bed.	
Background	Refer to the appropriate S.D.S for chemicals used in this SOP.	
Required Materials	Cleaned/disinfected and stocked environmental services cart.	SOP 10.2 Environmental Cart Cleaning and Disinfecting

The Process:

Step		
1.	Perform hand hygiene. Don appropriate gloves.	WRHA Routine Practices Policy: https://policies.wrha.mb.ca/policy/120/infection-prevention-control/3065/90-00-060.pdf
2.	Raise the bed to mid-waist level.	If you need to raise the bed using a manual crank then crank close to the body using your dominant hand. Do not bend at the waist, bend at the knee.
3.	If not already done, remove soiled pillowcases from pillow. Remove soiled linen by bringing the corners of the linen to the centre of the bed. Hold the linen away from your body and gently place into the soiled linen hamper.	Removing linen is the responsibility of unit staff. If the pillow is fabric, place into the laundry bag. Do not agitate linens during removal as this can disperse microorganisms. Use caution when removing linen from bed since sharps or other items may be present.
4.	Remove gloves. Perform hand hygiene. Don appropriate gloves.	
5.	Remove the headboard and footboard and clean and disinfect using a wipe/microfiber cloth.	Change the cloth/wipe when no longer saturated with disinfectant and after cleaning heavily soiled areas. If gloves become visibly soiled, remove gloves, perform hand hygiene and apply clean gloves.
6.	Place the headboard and footboard on a previously cleaned/disinfected chair.	
7.	Raise the side rails of the bed and clean and disinfect them. Pay particular attention to the control buttons. Clean and disinfect call bell and cord.	

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<p>8.</p>	<p>Working from the head to the foot of the mattress, clean and disinfect the top and side section of the mattress. Ensure that the underside of the zipper flap is cleaned and disinfected.</p>	<p>Do not overextend your reach to clean the opposite side of the mattress.</p>
<p>9.</p>	<p>Lift the mattress into a vertical position supporting the mattress with one hand.</p>	
<p>10.</p>	<p>Clean and disinfect the lower half of the underside of the mattress.</p>	<p>Support the center of the mattress with one hand.</p>
<p>11.</p>	<p>Clean and disinfect one half of the lower supporting frame.</p>	
<p>12.</p>	<p>Lower the mattress to its original position using both hands.</p>	
<p>13.</p>	<p>Repeat steps 9-12 from the opposite side off the bed.</p>	
<p>14.</p>	<p>Raise the head of the bed to the highest position and clean and disinfect the framework of the bed and the undercarriage of both sides.</p>	
<p>15.</p>	<p>Clean and disinfect the lower frame and wheels then lower bed to the regular position.</p>	
<p>16.</p>	<p>Discard gloves. Perform hand hygiene. Don appropriate gloves.</p>	
<p>17.</p>	<p>Return the cleaned/disinfected headboard and footboard to the frame.</p>	
<p>18.</p>	<p>Dispose of soiled linen as per facility process.</p>	
<p>19.</p>	<p>Discard gloves. Perform hand hygiene.</p>	