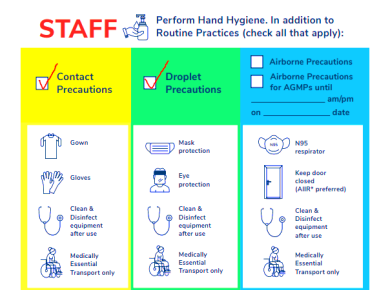



Please see Manitoba Health and Seniors Care [Enteritis Illnesses](#) or Manitoba Health, Seniors and Active Living [Routine Practices and Additional Precautions](#) (Clinical Microorganism Table) for additional information.

GASTROINTESTINAL ILLNESS																	
Contact IP&C	For ALL ADMITTED suspected or confirmed cases, report to site Infection Control Professional/ designate.																
Common Causes of Gastrointestinal Illness	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;">PATHOGEN</th> <th style="width: 50%;">INCUBATION PERIOD</th> </tr> </thead> <tbody> <tr> <td>Norovirus</td> <td>Usually 24-48 hours</td> </tr> <tr> <td>Rotavirus (in children)</td> <td>1-3 days</td> </tr> <tr> <td><i>C. difficile</i></td> <td>variable</td> </tr> <tr> <td>Adenovirus</td> <td>3-10 days</td> </tr> <tr> <td>Sapovirus (in children)</td> <td>12-48 hours</td> </tr> <tr> <td>Campylobacter</td> <td>1-10 days</td> </tr> <tr> <td><i>E. coli</i></td> <td>1-8 days</td> </tr> </tbody> </table>	PATHOGEN	INCUBATION PERIOD	Norovirus	Usually 24-48 hours	Rotavirus (in children)	1-3 days	<i>C. difficile</i>	variable	Adenovirus	3-10 days	Sapovirus (in children)	12-48 hours	Campylobacter	1-10 days	<i>E. coli</i>	1-8 days
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Transmission (Contact)	<ul style="list-style-type: none"> • Direct/indirect contact transmission • Fecal/oral route 																
Signs And Symptoms	<ul style="list-style-type: none"> • Symptoms based on specific organism • Some infections do not have symptoms while others can cause: <table style="width: 100%; margin-left: 20px;"> <tr> <td><input type="checkbox"/> Diarrhea</td> <td><input type="checkbox"/> Nausea</td> <td><input type="checkbox"/> Vomiting</td> </tr> <tr> <td><input type="checkbox"/> Abdominal pain</td> <td><input type="checkbox"/> Bloody stools</td> <td><input type="checkbox"/> Fever</td> </tr> <tr> <td><input type="checkbox"/> Feeling unwell</td> <td></td> <td></td> </tr> </table> * Diarrhea more common in children than vomiting * Greatest severity at extreme ages (i.e. young children and elderly) <p>Symptom onset: can start slowly or suddenly. Typically lasts 24 hours, but can last for several days.</p>	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Nausea	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Abdominal pain	<input type="checkbox"/> Bloody stools	<input type="checkbox"/> Fever	<input type="checkbox"/> Feeling unwell									
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INFECTION PREVENTION & CONTROL MEASURES																	
Additional Precautions & Personal Protective Equipment (PPE)	<ul style="list-style-type: none"> • GI-Illness- Contact Precautions • Post sign on door/curtain of the room/bed space • Don PPE as per signage: gloves, gown <div style="border: 1px solid gray; padding: 5px; margin: 10px 0;"> <p>NOTE: during the COVID-19 pandemic, all patients who meet COVID-19 suspect criteria (i.e. vomiting or diarrhea >24 hours) will initially be placed on Droplet/Contact with Airborne Precautions for AGMPs.</p> </div> <div style="text-align: right;">  </div>																
Hand Hygiene	<ul style="list-style-type: none"> • Promote and reinforce hand hygiene • Use either alcohol-based hand rub (ABHR) or soap and water • ABHR is appropriate to use when caring for patients with <i>C. difficile</i>, except in outbreak settings, when washing with soap and water is recommended 																
Patient/Resident Accommodation	<ul style="list-style-type: none"> • Place patient in private room (door may remain open if no AGMPs) • Dedicate toilet/commode for patient experiencing GI symptoms • Dedicate equipment if able. If not, all shared equipment must be cleaned and disinfected prior to use on the next patient 																
Testing	<ul style="list-style-type: none"> • Promptly take specimens • Specimens are best if collected within 72 hours of symptom onset • Culture and sensitivity (C&S) and viral detection: send in sterile screw-capped container • For C&S, toxin testing or food-borne illness investigation, store at 4°C (i.e., in a fridge) • Indicate whether C&S, <i>C. difficile</i> toxin, or verotoxin testing desired • Complete a requisition for each test required • Transport the specimen as soon as possible after collection 																
Transport of Person(s)	<ul style="list-style-type: none"> • Notify Patient Transport Services and the receiving department regarding need for Contact Precautions <i>in advance</i> of transport/procedure • Patient/resident performs hand hygiene, wears clothes/gown when leaving the room • Staff performs hand hygiene and dons PPE (gown, gloves) 																
Discontinuation of Precautions	<ul style="list-style-type: none"> • Consult site ICP prior to discontinuing precautions • GI (non-COVID): Discontinue precautions based on symptom resolution 48-72 hours after the last episode of vomiting or diarrhea. If causative organism known, refer to Manitoba Health and Seniors Care Routine Practices and Additional Precautions Part C Table 6 for further guidance for duration of precautions. 																
Environment	<div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;">  <p style="font-size: small;">Increased cleaning & disinfection frequency (minimum of two times a day)</p> </div> <div> <ul style="list-style-type: none"> • Clean and disinfect all horizontal and frequently touched surfaces at least twice daily and when soiled. • After a case is determined recovered or is discharged, isolation room discharge cleaning and disinfection (i.e. terminal cleaning/disinfection) is performed </div> </div> <ul style="list-style-type: none"> • Clean shared areas (e.g., lounge areas) on regular scheduled basis and more frequently if more than one case noted 																
Visitor Management	<ul style="list-style-type: none"> • Educate visitors on hand hygiene and use of PPE • Limit the number of visitors in the room 																