

SAFETY PRACTICE

FALLS PREVENTION & INJURY REDUCTION

LONG TERM CARE

LET'S KEEP PATIENTS SAFE: PRACTICE FALLS PREVENTION

*See your site/program LTC policy, procedure or guideline

Note: Patient/Client/Resident used interchangeably



Prevent Patient Harm

Preventing patient falls is a safety priority.
All health care workers play a part in falls prevention.



NEW Falls Prevention Strategy*

- 1) Have universal fall precautions in place on admission
- 2) Complete Fall Risk Assessment Tool within 24-48 hours of admission*
- 3) Individualize Resident Care Plan quarterly based on risk & after any fall
- 4) Educate residents/families on fall prevention, risk & interventions
- 5) Participate in falls prevention education for staff & volunteers

Common Falls Prevention Interventions

- F** Falls risk assessment & history prior to admission
- A** Assess pain, elimination, thirst, call bell, vision, cognition, mobility
- L** Look at environment & reduce hazards, e.g., bed is at appropriate height
- L** Lying & sitting/standing BP
- S** Show/orient resident/family to surroundings



Communication & Documentation

- Document the resident risk & plans for prevention
- Communicate the resident risk to other staff
- Document the effectiveness of the plan

Check your policy, procedure or guideline for more information.



Evaluation

Sites/programs evaluate their falls prevention strategy regularly, make needed improvements and keep staff members informed of changes.

Need more information?

Contact your coordinator /supervisor /manager or quality safety lead.

