



Launching and Expanding Project ECHO® to Increase Capacity for Mental Health and Addiction Care in Manitoba

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ECHO Model®

- “Moving Knowledge, Not people”
- Educational program which virtually connects Primary Care Practitioners (PCPs; “spokes”) with Specialists (“Hub Team”)
- Hub Team members share expertise with PCPs who then provide improved care to patients in their own communities
- Case-based learning, interdisciplinary guidance from Hub Team and spokes, collaborative learning (All Teach, All Learn)



Implementation in Manitoba

Our journey started in August 2019; we officially launched in September 2021. We have had a total of 8 cycles and 238 registrants to date.



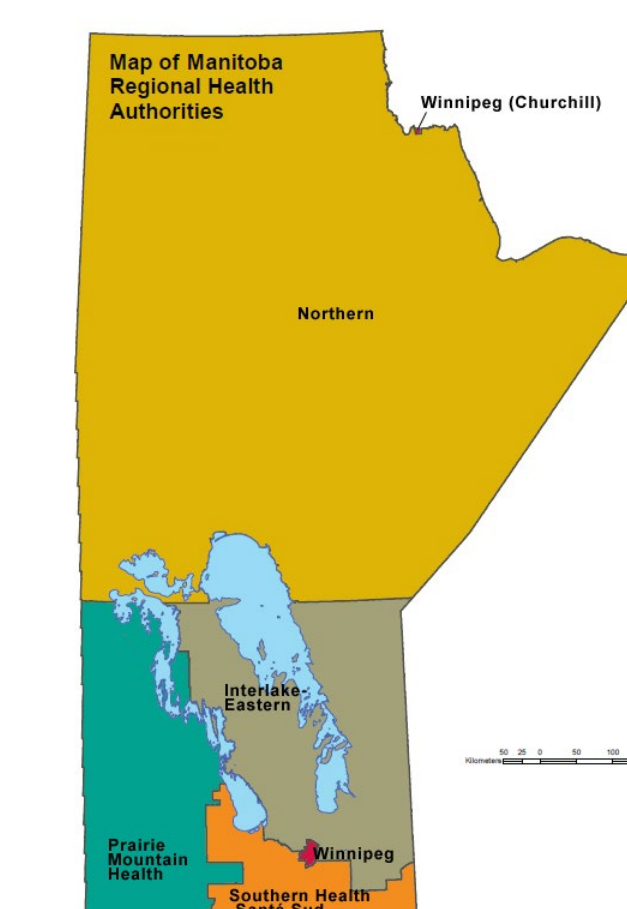
Hub Team Members

- Psychiatry, Addiction physician, Nursing, Pharmacist, Clinicians
- Peer support, Indigenous health
- Guest speakers: content experts
- Special Guests: e.g. WPS Constable

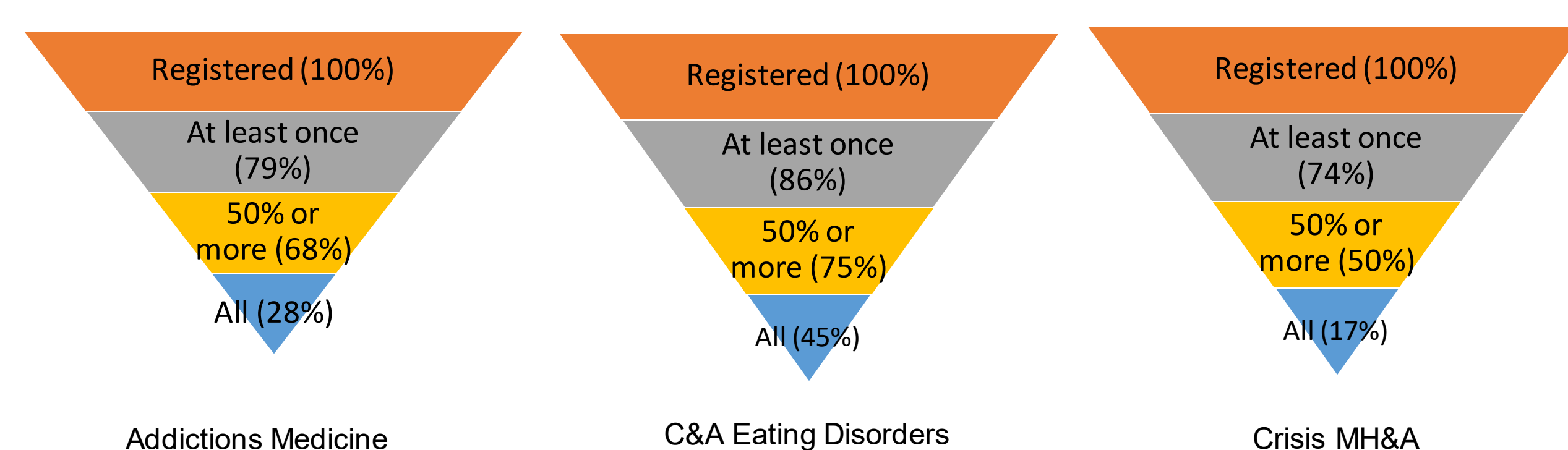
Reach: Program Participants*

- Physicians/Resident/PA (30.4%), Nursing (28.9%)
- Community/Support Worker or Case Manager (8.5%), SW (8.0%), Dieticians (2.5%)
- Psychologist/counsellor/therapist (8.5%)
- Other (13.2%)

WRHA 8.9%
SH 15.5%
IERH 26.8%
NHR 7.1%
PMH 32.7%
Other 9.0%



Participant Attendance*



Participant satisfaction*

- 95.8% would take another ECHO program again
- 75.7% reported enhanced professional satisfaction

“Case studies and interprofessional collaboration were the best parts of the program.” – Spoke

“Nice to hear from other practitioners and realize they have the same challenges as me.” – Spoke

*Based on 203 participants who consented to use of their data for their study purposes

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References

Project ECHO graphic. Retrieved from: hsc.unm.edu/echo
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