

## Provincial Clinical Policy



**Title:** Home Care - Therapy Services

**Level:** Provincial

**Service Area:** Home Care

**Applicable to:** All healthcare providers, organizations, and facilities across Manitoba involved in delivering health services provided or funded by the government or a health authority.

**Approved by:** Shared Health Executive Team

**Document Number:** 630.105.101

**Category:** 630 – Provincial Primary, Home/Community & Palliative Care Program

**Subcategory:** 630.105 – Home Care

**Document Date:** 25-Nov-2024

**Last Revision Date:** 01-Mar-2017

**Notice:** *This document has been transitioned from Manitoba Health, Seniors, and Long-Term Care to Shared Health. Shared Health is planning to complete an in-depth review of the material and post an updated version once available.*

### 1.0. Purpose

- 1.1. To outline general eligibility criteria for Therapy Services.
- 1.2. To outline the process by which Therapy Services are approved.

#### 1.3. Background

- 1.3.1 Occupational and physiotherapy services (herein after referred to as therapy services) are components of home care services. Assessment and individual therapy program development is included in order to promote client independence in exercise routines, personal care, housekeeping and other tasks, which improve the clients' well being.

### 2.0. Scope

- 2.1. Applies to all regional health authorities (RHA) in Manitoba, responsible for administering and coordinating Home Care services.

- 2.2. Applies to all Home Care and Therapy Services staff within an RHA, involved in assessing and delivering Home Care services.

### **3.0. Definitions**

#### **3.1. Defined Terms**

- 3.1.1 Caregiver: A person who is providing care because of a prior relationship with a client. A caregiver may be a biological family member or “family by choice” (e.g., friends, partners, neighbors).
- 3.1.2 Home Care: The coordinated delivery of a broad range of health and social services to meet the needs of the persons who require assistance or support in order to remain at home or whose functioning without Home Care is likely to deteriorate making it impossible for the person to stay at home in the community.
- 3.1.3 Therapy Services: Includes the promotion of health, assessment, provision of care and treatment of health conditions by supportive, preventive, therapeutic and rehabilitative means within the scope of occupational and physiotherapy scope of practice in order to attain or maintain optimal function.

#### **3.2. Abbreviations**

- 3.2.1 Personal Care Home (PCH): Premises in which personal care services are provided to residents in the premises but does not include a private residence in which care is provided by an individual to his or her family member.
- 3.2.2 Regional Health Authorities (RHA): refers to regional health authorities established or continued under the Government of Manitoba, Health System Governance and Accountability Act.

#### **3.3. Professional Groupings**

- 3.3.1 Home Care Case Coordinators (HCCC): A professional hired by the RHA to complete client assessments to determine eligibility, to develop the Care Plan with the client and/or family/designated other and refer exceptional case decisions to the Home Care Manager.

### **4.0. Policy**

**Disclaimer:** Please note that printed versions or versions posted on external web pages may not be current, as these documents are regularly reviewed and updated. Always refer to the Shared Health website for the most current version.

4.1. Home Care clients can access occupational and physical therapy services as available and as outlined in their care plan.

#### 4.2. Eligibility Criteria

4.2.1 Client eligibility is determined by a Home Care Case Coordinator or other designated professional RHA staff when the following criteria are met:

4.2.1(a) Eligibility for home care services in Manitoba;

4.2.1(b) Medical stability;

4.2.1(c) Client and caregiver are willing to cooperate with a safe care plan;

4.2.1(d) Upon assessment by the Home Care Case Coordinator or other designated professional staff, therapy services are deemed as required.

4.3. Exceptions to this policy shall be submitted to the RHA for approval.

4.4. Therapy Services include case management by Home Care Case Coordinators or designated professional RHA staff.

#### 4.5. Discharge Criteria

4.5.1 A client may be discharged or the case closed with Therapy Services for any of the following reasons:

4.5.1(a) condition improved;

4.5.1(b) condition deteriorated;

4.5.1(c) personal care home placement, or other living situations where Therapy Services may be included;

4.5.1(d) extended hospitalization;

4.5.1(e) death;

4.5.1(f) moved;

4.5.1(g) home care services are unavailable to meet the individual's needs;

4.5.1(h) the client or caregiver is unwilling to cooperate with a safe care plan.

- 4.6. Provision of therapy services will be based on priority of the client's need, availability of resources and the original date of the request for therapy services.

## 5.0. Procedure

- 5.1. Not Applicable

## 6.0. Resources

- 6.1. Not Applicable

## 7.0. References

### 7.1. Related Policy Documents

- 7.1.1 Government of Manitoba (2017). *HCS 207.1 Role of Family/Informal Support Network*. Home Care Policy Manual.
- 7.1.2 Government of Manitoba (2017). *HCS 207.2 General Eligibility*. Home Care Policy Manual.
- 7.1.3 Government of Manitoba (2017). *HCS 207.3 Service Level Policy*. Home Care Policy Manual.

## 8.0. Contact(s)

- 8.1. Provincial Director Health Services, Primary, Home/Community and Palliative Care Program - Shared Health

For questions about the implementation and application of this controlled document, please contact your immediate manager. Management may consult with the Provincial Clinical Service Lead, Home & Community Care – Shared Health for support.