

P03.3 – MCROBERTS MANEUVER FOR SHOULDER DYSTOCIA

Version date: 2025-04-14 Effective date: 2025-04-30 (07:00)

EMR / PCP / ICP / ACP

INDICATION

Delivery of the fetus has stopped progressing and shoulder dystocia is known or suspected

WARNINGS

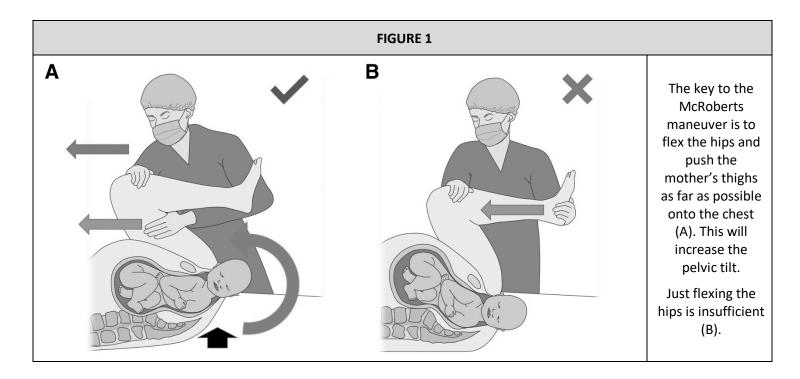
Not applicable

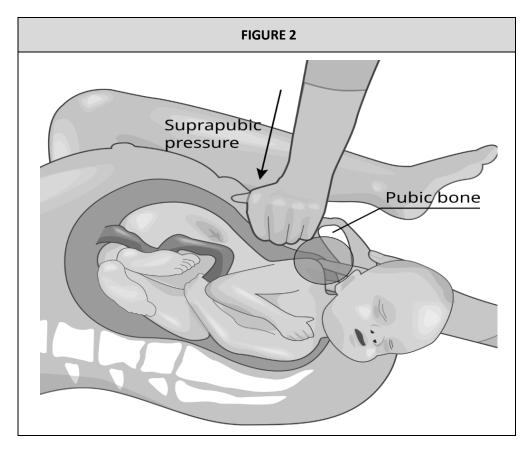
EQUIPMENT

- Obstetrical kit
- Personal protective equipment (PPE)

PROCEDURE

- 1. Perform hand hygiene and don the appropriate PPE.
- 2. Instruct the patient not to push while preparing to reposition.
- 3. Assist the patient into a supine position. Placing a rolled towel under the mother's sacrum will increase the pelvic tilt, enlarging the anterior posterior distance between the sacrum and symphysis pubis.
- 4. Grasp the back of the mother's thighs (figure 1A) and lean with your body weight to push them as far as possible towards the mother's head. This is ideally done with one provider on each thigh.
- 5. Apply suprapubic (NOT FUNDAL) pressure (figure 2). Fundal pressure will further push the fetal shoulder against the maternal symphysis pubis.
- 6. Instruct the mother to push while guiding the baby's head downward without pulling on it. Avoid excessive force or manipulation.
- 7. Once the shoulders are delivered, continue with normal delivery.
- 8. Remove PPE & discard.
- 9. Repeat hand hygiene.





LINKS

- D05- Shoulder Dystocia
- P03.4 Rotational Maneuvers for Shoulder Dystocia
- P03.5 Delivery of Posterior Arm for Shoulder Dystocia

APPROVED BY	
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VERSION CHANGES (refer to X09 for change tracking)	
• New	