


| | | |
|---|--|------------------------------------|
|  Shared health Soins communs Manitoba | M33 – DIPHENHYDRAMINE (<i>BENADRYL</i>) | |
| | Version date: 2025-05-02 | Effective date: 2025-05-02 (07:00) |

| INDICATIONS |
|--|
| <ul style="list-style-type: none"> As adjunctive treatment for anaphylaxis or angioedema (table A) ¹ Pruritis without anaphylaxis or angioedema (table B) |

| WARNINGS |
|--|
| ABSOLUTE CONTRAINDICATIONS: <ul style="list-style-type: none"> Hypersensitivity to diphenhydramine |



| TABLE A: ANAPHYLAXIS / ANGIOEDEMA / URTICARIA | |
|--|-----|
| INTRAVENOUS (INTRAOSSEOUS) | ACP |
| ADULTS / ADOLESCENTS: <ul style="list-style-type: none"> Administer 50 mg by slow push over 2 minutes Repeat every 4 hours as required INFANTS / CHILDREN: <ul style="list-style-type: none"> Administer 1 mg/kg (maximum per dose = 50 mg) by slow push over 2 minutes Repeat every 4 hours as required | |

| TABLE B: PRURITIS | |
|--|-----|
| INTRAVENOUS | ACP |
| ADULTS / ADOLESCENTS: <ul style="list-style-type: none"> Administer 25 to 50 mg by slow push over 2 minutes Repeat every 6 hours as required INFANTS / CHILDREN: <ul style="list-style-type: none"> Administer 0.5 mg/kg (maximum per dose = 25 mg) by slow push over 2 minutes Repeat every 6 hours as required | |

| INTRAMUSCULAR | ACP |
|--|-----|
| <p>ADULTS / ADOLESCENTS:</p> <ul style="list-style-type: none"> • Administer 25 to 50 mg • Repeat every 4 hours as required <p>INFANTS / CHILDREN:</p> <ul style="list-style-type: none"> • Administer 0.5 mg/kg (maximum per dose = 25 mg) • Repeat every 4 hours as required | |

| NOTES |
|--|
| 1. Do not use diphenhydramine alone in the treatment of anaphylaxis or angioedema. |

| LINKS |
|---|
| <ul style="list-style-type: none"> • E03 - Anaphylaxis |

| APPROVED BY | |
|---|---|
|  |  |
| Provincial Medical Director | Associate Provincial Medical Director |

| VERSION CHANGES (refer to X08 for change tracking) |
|--|
| <ul style="list-style-type: none"> • Correction of error in contraindications |