

M01 - ADENOSINE (ADENOCARD)

Version date: 2025-03-26 Effective date: 2025-04-30 (07:00)

INDICATIONS

• Known or suspected paroxysmal supraventricular tachycardia (PSVT) with stable hemodynamics

WARNINGS

ABSOLUTE CONTRAINDICATIONS:

- Hypersensitivity to adenosine
- Atrial fibrillation or atrial flutter with underlying Wolff-Parkinson-White syndrome
- Unstable tachycardia
- Suspected ventricular tachycardia or undifferentiated wide-complex tachycardia (WCT)

USE WITH CAUTION:

- Sinoatrial node dysfunction
- First degree AV block
- Bundle branch block
- Asthma
- Chronic obstructive pulmonary disease
- Heart transplant ⁴

| ADMINISTRATION | |
|----------------------------|-----------|
| INTRAVENOUS (INTRAOSSEOUS) | ICP / ACP |

ADULTS:

- Administer 6 mg by rapid push over 1 to 2 seconds, immediately followed by a saline flush 3
- Repeat 12 mg if the first dose is not effective within 2 minutes
- Consider 12 to 18 mg if second dose not effective within 2 minutes

INFANTS / CHILDREN / ADOLESCENTS:

- Administer 0.1 mg/kg (maximum per dose = 6 mg) by rapid push over 1 to 2 seconds, immediately followed by a saline flush ³
- Repeat 0.2 mg/kg (max dose = 12 mg) if the first dose is not effective within 2 minutes
- Consider 0.3 mg/kg (max dose = 12 mg) if the first dose is not effective within 2 minutes

NOTES

- 1. Irregular or polymorphic QRS complexes suggest a ventricular source and are not consistent with PSVT.
- 2. Adenosine has a very short plasma half-life. Evidence of successful central drug delivery includes heart block or asystole.
 - Patients should be forewarned that they may experience dyspnea, lightheadedness, or a sense of impending doom.
- 3. If the dysrhythmia terminates but then recurs a second time, providers may consider repeated dosing starting with the last effective dose. If it recurs a third time, an alternative AVN blocking medication may be required.
- 4. Adenosine may cause prolonged asystole in the patient with a heart transplant, the dosing is uncertain, and some experts recommend against its use. <u>Paramedics must contact the Virtual Emergency Care & Transport Resource Service (VECTRS) and request on line medical support (OLMS) before treatment</u>.

LINKS

• C06 - Tachycardia

| APPROVED BY | |
|-----------------------------|---------------------------------------|
| Bytherel | ffment. |
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VERSION CHANGES (refer to X08 for change tracking)

- Addition of advanced work scope
- Addition of third dose
- · Addition of warning re cardiac transplant
- Revised contraindications / cautions and notes