

#### **M24 - MAGNESIUM SULFATE (20%)**

Version date: 2025-02-17 Effective date: 2025-04-30 (07:00)

## **ERS HIGH ALERT MEDICATION (A03)**

#### **INDICATIONS**

- Cardiac arrest with torsade des pointes / polymorphic ventricular tachycardia (table A)
- Torsade de pointes with pulse (table B)
- Preeclampsia / eclampsia (table C)
- Severe acute exacerbation of asthma or COPD (table D)

## **WARNINGS**

#### **USE WITH CAUTION:**

Myasthenia gravis

TABLE A: CARDIAC ARREST WITH TORSADES DES PIOINTES / POLYMORPHIC VENTRICULAR TACHYCARDIA		
INTRAVENOUS (INTRAOSSEOUS)	ICP / ACP	

#### ADULTS:

- Administer 2 grams by rapid injection followed by saline flush
- Repeat up to two more times as required (cumulative maximum = 6 grams)

#### INFANTS / CHILDREN / ADOLESCENTS:

- Administer 50 mg/kg (maximum per dose = 2 grams) by rapid injection followed by saline flush
- Repeat up to two more times as required (cumulative maximum = 6 grams)

TABLE B: TORSADES DES POINTES WITH PULSE	
INTRAVENOUS (INTRAOSSEOUS)	ACP

#### ADULTS:

- Administer 1 gram by slow injection over 15 minutes
- Repeat up to three more times as required (cumulative maximum = 4 grams)

#### INFANTS / CHILDREN / ADOLESCENTS:

- Administer 20 mg/kg (maximum per dose = 1 gram) by slow injection over 15 minutes
- Repeat up to three more times as required (cumulative maximum = 4 grams)

TABLE C: PREECLAMPSIA / ECLAMPSIA		
INTRAVENOUS (INTRAOSSEOUS)	PCP / ICP / ACP	

## **ECLAMPSIA (PATIENT HAS NOT RECEIVED PROPHYLAXIS)**

# ADULTS / ADOLESCENTS:

- Administer 4 to 6 grams by slow injection over 10 minutes
- If seizure(s) recur, repeat 2 to 4 grams by slow injection over 5 minutes
- Cumulative maximum dose = 10 grams

## **ECLAMPSIA (PATIENT HAS RECEIVED PROPHYLAXIS)**

## ADULTS / ADOLESCENTS:

- Administer 2 to 4 grams by slow injection over 10 minutes
- If seizure(s) recur, repeat 2 to 4 grams by slow injection over 5 minutes
- Cumulative maximum dose = 10 grams

# SEVERE PREECLAMPSIA (PROPHYLAXIS)

# ADULTS / ADOLESCENTS:

Administer 4 grams by slow injection over 30 minutes

TABLE D: SEVERE ACUTE EXACERBATION OF ASTHMA OR COPD	
INTRAVENOUS (INTRAOSSEOUS)	ICP / ACP

## ADULTS:

• Administer 2 grams by slow injection over 20 minutes

# INFANTS / CHILDREN / ADOLESCENTS:

• Administer 50 mg/kg (maximum per dose = 2 grams) by slow injection over 20 minutes

#### **NOTES**

1. Monitor closely for signs of magnesium toxicity. Signs include slurred speech, decreased muscle tone and level of consciousness, and hypoventilation. Calcium chloride may be given to counteract magnesium toxicity.

#### **LINKS**

- C02 Advanced Cardiac Arrest
- C06 Tachycardia
- D09 Preeclampsia & Eclampsia
- E07 Asthma & COPD
- M26 Calcium Chloride

APPROVED BY	
Bytherel	ffmenn L.
Provincial Medical Director	Provincial Associate Medical Director

# **VERSION CHANGES (refer to X08 for change tracking)**

- Addition of advanced work scope
- Revised dosing for preeclampsia / eclampsia
- Differentiation of dosing for cardiac arrest versus torsade with pulse