

	M13.1 - HYDROCORTISONE	
	Version date: 2025-03-25	Effective date: 2025-04-30(07:00)

INDICATIONS
<ul style="list-style-type: none"> • Anaphylaxis (table A) • Asthma (table A) • Known or suspected acute adrenal insufficiency (adrenal crisis) with known chronic adrenal insufficiency (table B)

WARNINGS
ABSOLUTE CONTRAINDICATIONS: <ul style="list-style-type: none"> • Hypersensitivity to hydrocortisone

TABLE A: ANAPHYLAXIS / ASTHMA	
INTRAVENOUS (INTRAOSSEOUS)	PCP / ICP / ACP
ALL AGES: <ul style="list-style-type: none"> • Administer 5 mg/kg by slow push over 1 to 2 minutes • Maximum dose = 100 mg 	

TABLE B: ADRENAL CRISIS	
INTRAVENOUS (INTRAOSSEOUS)	PCP / ICP / ACP
ALL AGES: <ul style="list-style-type: none"> • Administer 2 mg/kg by slow push over 1 to 2 minutes • Maximum dose = 100 mg 	

NOTES:
<ol style="list-style-type: none"> 1. Patients with known adrenal insufficiency may have their own supply of prepared doses of hydrocortisone for emergencies, and this can be substituted when available.

LINKS

- E03 - Anaphylaxis
- E05 - Adrenal Insufficiency
- E07- Asthma & COPD

APPROVED BY

	
Medical Director - Provincial EMS/PT	Associate Medical Director - Provincial EMS/PT

VERSION CHANGES (refer to X08 for change tracking)

- Addition of advanced work scope