





INDICATIONS

A patient with one or more seizures

WARNINGS

None

NOTES

- 1. There are numerous causes of seizures (appendix A) and the cinical presentation can be highly variable depending on the location within the brain and the amount of cortex involved.
- 2. Causes such as hyperglycemia or hypoxemia should be quickly corrected to prevent permanent neurological damage.
- 3. Patients can sometimes injure themselves during a seizure and it may be difficult to exclude a spinal injury if the patient has a decreased level of consciousness or altered mentation.
- 4. Most uncomplicated seizures remit spontaneously within a few minutes, and rapid prehopsital administration of anticonvulsant medication is not necessary if the episode is short-lived and unlikley to recur.
 - However, if the patient is still seizing on EMS arrival or if the episode has lasted longer than 5 minutes, first-line therapy with a benzodiazepine should be initiated (algorithm A).
- 5. During a seizure the patient will be apneic, resulting in oxygen destauration and hypercapnia. In the postictal period, ineffective ventilation and / or airway compromise can cause profound respiratory failure, especially if sedative medications have been administered.
- 6. Status epilepticus is defined as an unremitting seizure lasting longer than 5 minutes, or multiple consecutive seizures without a return to baseline neurological function in between episdes. It is a life-threatening neurological emergency and the options for prehospital management can be limited.
 - Paramedics should keep a low threshold to call the Virtual Emergency Care & Transport Resource Service (VECTRS) and consult on line medical support (OLMS) for management advice and destination decision support.
- 7. All efforts should be made to terminate status as soon as possible, starting with midazolam. By ten minutes of continuous siezure activety, second-line therapy should be initiated (algorithm B).

LINKS

- A01 Standard clinical Approach
- B01 Standard Destination & Redirection
- F04 Spinal Motion Restriction
- M07.1 Midazolam
- M29 Levetiracetam
- M35 Phenytoin

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VERSION CHANGES (refer to X05 for change tracking)

- Retitled (from SEIZURES)
- Addition of advanced work scope
- Flow chart divided and revised
- Addition of information for status epilepticus
- Addition of list of causes and definitions

APPENDIX A: CAUSES OF SEIZURES

ACTIVE SYSTEMIC INSULT:

- Hypoglycemia or hyperglycemia
- Hypoxemia
- Alcohol & drug withdrawal
- Drug intoxication
- Hyponatremia or hypernatremia
- Hypocalcemia
- Hypomagnesemia
- Uremia (end-stage renal failure)
- Hyperthyroidism
- Fever / hyperthermia

ACUTE / RECENT BRAIN INSULT:

- CNS infection (encephalitis, meningitis)
- Acute stroke
- Acute head injury
- Intracranial surgery